

Vienna Record



ELECTION RESULTS

First Select-person - Doris Thompson - 245
Second Select-person - Christopher Smith - 213
Third Select-person - Jeff Rackliff - 238
Treasurer - Martha Gross - 244
Road Commissioner - Danny Goucher - 123, Alan Williams - 79, Troy Bean - 69

After the recount.

Town Clerk - Annie Tibbetts 138, Connie Smith 134,
Tax Collector - Annie Tibbetts 135, Connie Smith 134.

In This Issue

- ~ Election Results.....I
- ~ Selectmen's NotesI
- ~ Selectmen's Minutes.....2
- ~ From the Town Clerk3
- ~ Planning Board News3
- ~ Editor's Notes4
- ~ Mill Stream Grange5
- ~ From the Health Officer
- Electromagnetic waves5-7
- ~ 30 Mile Watershed7-8
- ~ Business directory8
- ~ Town House News8
- ~ Community Events9
- ~ Support Local Business10
- ~ Our Advertisers10-11
- ~ Community Swap'n Shop11

NOTES FROM THE SELECTMEN

The town meeting of March 9th was over and done in less than an hour.

All articles passed as recommended, resulting in a total of \$506,064 raised and appropriated for the 2013 budget.

News on the newsletter: This will be the last newsletter which will be mailed Postal Patron to everyone in town. Beginning with the May/June issue, the *Record* will be posted on the town website viennamaine.org as usual.

If you do not have access to a computer and/or would still like to receive a copy in the mail please let Marianne Archard know. Send a post card to: 197 Davis Road - Vienna or email viennarecord@gmail.com. **Include your name and mailing address.** Or, if you would like to have the newsletter emailed directly to you, please send your email address with your request to viennarecord@gmail.com. The newsletter will still be available for everyone to read, but we can save the town some money in the process.



SELECTMEN'S MINUTES

January 29, 2013

Present: Dodi Thompson, Chris Smith, Laura Church, Brian Church, Lidie Robbins, Jim Anderberg, Dan Onion, Pat Onion, Linwood Meader, Roger Reville

1. Lidie Robbins presented the annual report from 30-Mile River Watershed Association (to be included in the Town Report). There was a discussion on the articles in the Town Warrant which will raise money for 30 Mile.
2. Dan spoke as the Town Health Officer. He is willing to be re-appointed and serve for another three years. He is requesting a small line item (\$50) in the budget to conduct water tests at the swimming site at the Flying Pond boat launch.
3. Pat and Dan raised concerns about traffic at the intersection of Klir Beck Rd. and Tower Rd. There are issues with both visibility and speed. There are currently signs in both directions, but it remains a problem.
4. Roger raised questions about the floors at the Community Room. It was agreed that the floors should be stripped and waxed before town meeting. He also raised concerns about storage of election equipment. Improvement is needed.
5. Worked on the Town Warrant.
6. Reviewed and distributed mail.

February 5, 2013

Present: Dodi Thompson, Chris Smith, Laura Church, Linwood Meader

1. Reviewed and signed Warrant #3.
2. Linwood reported that he had checked all the roads after the weeks' high winds.
3. Opened and distributed mail.
4. Proofed and signed the final draft of the 2013 Warrant to be included in the Town Report for town meeting.

February 12, 2013

Present: Dodi Thompson, Chris Smith, Laura Church, Lenny Meader, Colleen Meader

1. Reviewed and distributed mail.
2. Dodi reported that the Town Report has gone to the printer, with a return date of February 28th.
3. Lenny Meader dba Meader's Construction requested a two-year extension of the winter plowing contract based on an option in the contract for an extension at an increase of 3% per year. Approval was unanimous. The contract extension will be signed at a later date.

February 19, 2013

Present: Dodi Thompson, Chris Smith, Laura Church, Linwood Meader, Marti Gross, Roger Reville

1. Reviewed and signed Warrant #4.
2. Jim Anderberg has resigned as Vienna's representative to the 30-Mile River Watershed Association. Irene Goff has agreed be the new representative.
3. Marianne Archard will be the new editor of the town newsletter beginning with the April/ May issue.
4. Reviewed and distributed mail.
5. The selectmen voted to accept Creston Gaither's proposal to update and maintain the tax maps for 2013.
6. Roger discussed painting the bathroom at the Community Room and reported a possible leak in the bathroom ceiling. He will investigate.

February 26, 2013

Present: Dodi Thompson, Chris Smith, Laura Church

1. The Town Report is due to be delivered from the printer on Thursday (weather permitting) and will hopefully be mailed out on Friday.
2. Reviewed and distributed mail.

March 5, 2013

Present: Dodi Thompson, Chris Smith, Laura Church, Marti Gross, Linwood Meader

1. Reviewed and signed Warrant #5.
2. Reviewed and distributed mail.
3. Linwood reported that the roads would be posted on Wednesday, March 6.
4. Signed paperwork from the State Department of Transportation pertaining to road work to be done on Townhouse Road (Rt. 41) from the New Sharon town line to Tower Rd.
5. Bid farewell to outgoing 3rd Selectmen Laura Church and outgoing Road Commissioner Linwood (Junior) Meader.

PLANNING BOARD NEWS

**MINUTES OF THE REGULAR MEETING
OF THE VIENNA
PLANNING BOARD HELD
JANUARY 23, 2013**

The meeting convened at 7:00 PM at the Town House; regular members present were Waine Whittier, Alan Williams, Ed Lawless, Nanou Laliberte, and Creston Gaither. Minutes of the Dec. 26 meeting were read and accepted. Waine has not received any new information regarding the cell tower permit application discussed on Nov. 28.

No other business was conducted.

The meeting adjourned at 7:30 PM.

FROM THE TOWN CLERK

Town Clerk

Annie Tibbetts: 207-293-2915
email: ClerkTax@Viennamaine.org
346 Town House Rd. Vienna, Maine

Hours

Tuesdays and Thursdays - 5 pm - 7 pm
Wednesdays - 9 am -12 and 12:30-5 pm.
On the last Saturday of the month 9-12
and by appointment.

Reminder: Dogs licenses are now overdue. Make sure to bring a certificate of rabies vaccination when getting your license. The fee to license an "altered" dog is \$6.00 and for a dog that is not "altered" the fee is \$11.00. After January 31st, a late fee of \$25 in addition to the annual license fee will be charged.

Vienna Union Hall

An Evening of A Cappella: Different strokes for different folks

Saturday, April 13

7:00 PM

Featuring -Three Groups

Northfield

The Gawler Family

and

Back Bay Four

\$8.00

Good music

Good snacks

and

Good company!



EDITOR'S NOTES

Important Notice

Vienna Record Goes Online

In an effort to save money for the Town of Vienna and our residents the *Vienna Record* will now be offered online.

The online version will be available beginning with the June/July issue. It is our goal to send the online version of the *Record* to each and every person in Vienna who has internet access. Please help us create a responsible, paperless environment in our town. Ask for the *Record* online! Send your email address to: viennarecord@gmail.com



Reach Out....

Email articles to me at: viennarecord@gmail.com
Or mail to: 197 Davis Rd. Vienna, ME 04360

Advertisements or Personal Announcements:

Fee Per Issue

1/8 page	\$8.00 issue or \$45.00 year
1/4 page	\$14.00 issue or \$80.00 year
1/2 page	\$26.00 issue or \$150.00 year
Full page	\$50.00 issue or \$290.00 year



Make check payable to the "Town of Vienna"

Deadline

All Item or articles for the June/July issue of the *Vienna Record* must be received by me by **May 24, 2013.**

Format

Please send items online as rich text format (.rtf) or as a word document (.doc) or as a .jpg. Please no .pdf or other formats.

-Marianne Archard

CLUB NEWS

A group of outdoor enthusiasts are organizing an outing club in the Mt. Vernon, Vienna area. If you are interested please email foothillsadventure@gmail.com for more information.

FROM THE HEALTH OFFICER

Cell phone, cell towers and other Electromagnetic waves in our lives

What are the risks of living next to a new cell tower, or of using your cell phone a lot? Many in the area are asking these questions as new cell towers go up. In response to questions like these from Bob Weingarten, Marti Gross and others, let me give a mini lesson on what is and isn't known about the interactions between electromagnetic waves and our body's physiology, and how you might measure your exposure if you wish. And I'll close with a bit about radon, the greatest radiation risk in our lives and homes. But first I must review a little physics with you.

continued on page 5

MILL STREAM GRANGE - 30 YEARS OF PLANTS

This weekend will mark the 30th anniversary of the Mill Stream Grange Plant and Bake Sale in Vienna. Our first sale was held in 1983 when all the seedlings were grown by Grange volunteers. Colman Von Graff, now deceased, was a nurseryman from New Jersey who moved to Vienna + joined Mill Stream Grange. He had the idea for the sale. Volunteers would go to his greenhouse where he taught us how to plant seeds and transplant seedlings, which we then sold. Leftovers were planted at the Vienna Town House. As Coleman got older, he could no longer maintain the greenhouse and in 1988, the Grange approached Scott Longfellow for seedlings. We have gotten our seedlings from Longfellow's Greenhouse since that time. They have been very good to us and without the support we receive from Longfellow's, we could not continue with our sale. It has, and continues to be, one of the biggest fund raisers for the Grange. Our other big fund raiser is the patchwork quilt that the Grange quilters make every year. It will be on display for raffle ticket sales this weekend as well.

The sale includes a wide variety of flower and vegetable seedlings plus patio tomatoes, perennials, specialty annuals + hanging baskets. There will be lots of homemade pies, breads including brown bread, desserts and savories such as lasagna, enchiladas and baked beans.

For more information, call Libby Harville at 293-2362 or Barbara Gilman at 293-2271.

The 30th Annual Vienna Grange Seedling and Bake Sale
will be held **Saturday, May 18, 8 am to noon**

and Sunday, May 19, 10 - noon

As always, we'll have a wide variety of flower and vegetable seedlings plus hanging baskets, perennials and annual plants ready to plant in your garden.

Home baked pies, beans, foods both sweet and savory, will be available.

All proceeds benefit Mill Stream Grange.

Sale is indoors so come rain or shine.



FROM THE HEALTH OFFICER CONTINUED

Electromagnetic radiation (EMR) consists of waves of energy traveling at the speed of light emitted from a source like the sun, a magnet, or commonly from various machines (eg. flashlight, radio tower, x-ray machine, computers, TV sets, nuclear bombs). The waves have both a photon and a magnetic component, which oscillate in phase with each other perpendicular to their direction of travel. Both components contain roughly equal amounts of energy measured in Gauss units (more later) and can be transferred to a body, animate or inanimate, directly in their path (line of sight usually but those with long wave lengths like FM radio waves can bend over and around hills too). They can be blocked by some barriers, generally less well the higher frequency they are; generally the higher the frequency the more energy the waves contain, so gamma waves are very difficult to block at all. The energy transferred is primarily heat at frequencies less than ultraviolet light; but at higher frequencies more and more molecular and cellular ionization occurs, knocking molecules and atom parts out of kilter, like pool balls with a "break" shot. And one final important point: the power of the source, exposure time, and distance all make a huge difference to level of exposure. The first two are obvious and the energy from EM radiation decreases logarithmically as you move away from the source; so, for instance, a 50 Gauss unit exposure next to the sources decreases to 7 Gs 100 ft, away and 1.8 Gs at 200 ft.

All this may seem too mysterious; but look at this table for some EM radiation forms you may recognize. The examples are listed by increasing potential risk.

Source	Frequency in Hertz units (cycles/second)	Energy in Gauss units if primarily magnetic
Earth magnetic field (as detected with a compass)		0.5 Gauss
Refrigerator magnet		50 Gs touching
Radio, FM	100 MHz (VHF)	1 Gs touching
Computer/TV screen	400 MHz (UHF)	20 mGs/hr@4 in 3 mGs@3 ft
Cell phones	2+ GHz	5-10mGs@tight, 0.5 @2in
Microwave oven	3-30 GHz	250mGs@4 in 13mGs@3 ft
Powerlines/cell towers	1-300 GHz	Varies by distance and output
Visible light	10 -100 million GHz	Photons
Ultraviolet light	100 000 million Ghz	Photons
Xrays	Million million GHz	Radiation
Radon	10s of million million GHz	Radiation
Gamma rays	Million billion GHz	Radiation

mGs = milligauss, Gs = gauss, Hz = hertz, KHz=kilohertz, MHz= Megahertz, GHz=Gigahertz. Prefixes: milli= 1/1000, kilo = x1000, Mega = x1 million, Giga= x1 billion. UHF = ultra high frequency; VHF = very high frequency

The magnetic energy component (measured in Gauss units) of these waves tends to predominate in lower frequency zones and the photon/particle radiation energy (measured as RADs) in higher ionizing frequency sources. Rads are a measure of ionizing radiation at the source. The average person in the US gets about 400 milliRems of ionizing radiation per year. REMs (Roentgen-equivalent-man) are estimates of the effect of RAD doses in humans. Low doses of ionizing radiation are something we are well adapted to; humans evolved in the presence of radiation and have well developed mechanisms for repairing cell damage from it.

Non-ionizing radiation is generally thought to be safe. However, as with most things in nature, it's designation is arbitrary and all EMR carries some ionizing particles down the spectrum, hence the concerns with those designated non-ionizing. Although most studies find no effect, there are some tantalizing epidemiologic studies that suggest cell phone use tight to one's head and brain for extended periods (over 1 hr at a time) may be increasing brain glioma cancer rates in those users. Many research studies are pursuing this in rats and people. PET scans show changes in glucose metabolism in the brain just beneath a cell phone after 50 minutes of continuous use. This suggests the EMR may be re-orienting the atoms and molecules in the brain, much like an MRI machine does to generate a medical image. I've seen gliomas in 2 young women who were intense cell phone users, for what that's worth. So, I urge everyone you know to avoid such use; this is especially important now that many people no longer have land lines. It is unclear if in-ear Blue Tooth devices help.

Beyond that, epidemiologic research over 30 year has failed to find cancers or leukemia/lymphomas increases in people living close to high voltage power lines. I couldn't find a similar study about cell towers, but the risks should be similar since their EMR outputs are on the same order of magnitude. There are also many anecdotal reports of EMR sensitive individuals, who suffer a variety of subjective discomforts when exposed to low energy radiation. Many companies try to sell ineffective devices with fraudulent protection claims. I doubt there's much there to worry about. If you are concerned, I'd buy a \$30 gaussmeter at Home Depot and measure EMR in milliGauss's wherever you put your head/body for extended periods of time. If the total is in 100s of thousands, try to increase your distance from the sources; if the total is under a few thousand, you are probably better off worrying about Radon.

Ionizing sources of radiation are a much greater concern. Radon is a colorless, odorless, naturally occurring radionuclide that exists in soils and seeps into the air. Maine has a lot of radon in its rock and soil. It is a breakdown product of natural uranium and radium and emits ionizing radiation (alpha particles) into house basements and well water. The tighter the house is insulated, the more radon accumulates, especially in winter. The danger from radon in water is that it enters the air we breath by our showers and water boiling. Because the concentration of radium that generates radon is highly variable in soils, so is the concentration of radon—two houses side by side can have vastly different levels. You must test your house when you move in and every 5-10 years to protect yourself. Levels under 2 picoCuries/L in air and over 4000 picoCuries/L in water need attention. Prolonged exposure clearly increases lung cancer rates, even faster if you smoke. Don't wait until someone gets cancer to test. It costs <\$50 to do both air and water. Buildings can be made safe, and all should be tested and remediated if necessary.

General principles to diminish your exposure to any radiation: increase your distance from the source, decrease your exposure time, and block it with effective barriers if it is an ionizing radiation.

Relative Contribution Of Various Sources To The Average Annual Dose

Dan Onion, MD, MPH
 Vienna Health Officer
dkonion@gmail.com
 293-2076

NEWS FROM THE 30 MILE RIVER WATERSHED ASSOCIATION

Now Hiring

[Courtesy Boat Inspectors](#) work at boat launches throughout the watershed, talking with boaters and inspecting their watercraft for plants as they launch and remove their boats. The program runs Memorial Day Weekend through Labor Day. The position is ideally suited for retirees, students, and others looking for part-time weekend work.

The [Youth Conservation Corps](#) protects and improves water quality in our lakes through projects that reduce erosion and sources of polluted stormwater runoff, such as planting vegetation buffers, ditching roadsides, mulching, etc. YCC crew members perform physically demanding, outdoor labor. The program runs for eight weeks, late June-August, with three seven-hour days per week.

YCC and CBI positions may be combined for full-time work. For full job descriptions and application materials, visit www.30mileriver.org. The application deadline is April 8th.

30 MILE WATERSHED (CONTINUED)

Youth Conservation Corps is Looking for Projects

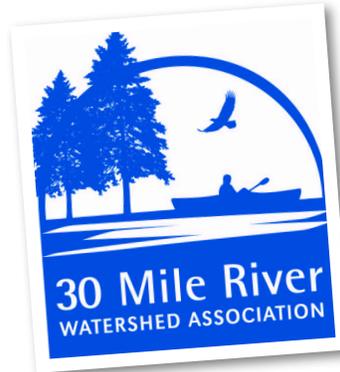
The Youth Conservation Corps (YCC) works with homeowners to decrease erosion and filter stormwater carrying phosphorus on their property. YCC provides free technical assistance and labor, while private landowners or towns pay only for materials. We are now accepting project requests for the 2013 summer season. Please see www.30mileriver.org for more information.

Save the Date: 5th Annual Paddle Trek, July 27, 2013

All paddlers are invited to join us for all or part of our annual 15-mile paddle from Mt. Vernon Village to Wayne Village, traveling through many of the lakes that form the 30 Mile River. Registration will begin in June. (Rain date July 28)

2012 Annual Report

See a re-cap of our 2012 activities in our Annual Report, now available on our website. The report includes our year's accomplishments, financial statements, and donors.



Contact us: For more information about job openings, YCC, or to sign up for our newsletter, visit our website at www.30mileriver.org or contact

info@30mileriver.org, 670-7298. Join us on Facebook.

- Vienna's new representative to the watershed: Ed Collins.

MT. VERNON - VIENNA BUSINESS DIRECTORY

Last Chance

(deadline is April 10th)

to be included in the new Mt. Vernon/Vienna Business Directory! The Mt. Vernon Community Partnership Corp. (CPC) is updating the directory which was published in 2008. More than 100 local businesses were listed in that directory, and we want to be sure that every business in the two towns is listed, free of charge, in the new

directory. If you wish to be listed please send us the following information:

1. Category of business (i.e. Artist, Automotive Repair, Landscaping, etc.)
2. Name of business
3. Brief description of business with any special information, such as hours open,
4. Your name and town location
5. Your phone number, email address, website address if you have one.

Please send the information to Sandy Wright at scwright@fairpoint.net by April 10th.

We hope to publish the directory this fall and we can't wait to find out about all the great businesses in Vienna and Mt. Vernon.

COMMITTEE MEMBERS WANTED - TOWN HOUSE

The Town House Committee is looking for a couple of people who would be interested in joining the committee. The Committee's task is to direct the use of the funds received from the

Dorothy Waugh Trust. Meetings are held the third Monday of each month and usually last about one hour. Anyone who may be interested or has questions can contact Millie Whittier at 293-2072.

COMMUNITY EVENTS

Mt. Vernon Community Center Café - Saturdays From 9:30-11:30 AM. Coffee, food and Conversation.

Men's Breakfast - Tuesdays from 6:30-7:30 at the Mt. Vernon Community Center. Small donation appreciated.

McGaffey Mountain Woodcarvers - 1st and 3rd Wednesday of each Month from 6:00-8:30 PM at the Vienna Community Center. New and experienced carvers welcome. For more information call Norma Wing at 293-3725 or Ed Beach at 685-4779.

Creation Station - Faith-based, arts-based after school program of the North Vienna UMC. Meets Wednesday during the school year. Open to all children grades K-6. For more information call Laura Church at 293-3892.

The Youth Group at North Vienna United Methodist Church - Most Sunday afternoons during the school year. Open to youth grades 6 and up. For more information call Laura Church 293-3892.

Free Potluck Dinner - Open to the public! Last Sunday of every month - 11:30 am, right after Sunday Service - For more information contact Ken Wright Sr. 293-2189

Vienna Union Hall Association - Second Wednesday of each month. 7:00 at the Vienna Community Center (Nov.- March.) at the Union Hall (April - Oct.) Welcome new members.

"The Villages Market" combining Mt Vernon and Vienna villages

OPENING at the end of June in the field next to Flying Pond Store

Saturdays 10 a.m. to 2 p.m. ☆ Fresh produce, meats, cheese, dairy, fruits, jellies, syrups, crafts, yarn, alpaca products, ice cream, pies, breads & more!

FMI contact Carey (careybor@yahoo.com) or Shari (sharihamilton@gmail.com)



SPECIAL EVENTS - MARK YOUR CALENDAR!

Vienna Union Hall - April 13, 2013 - 7:00. "Different Strokes for Different Folks" - An evening of a cappella. Three groups: Northfield, The Back Bay Four and The Gawler Family. \$8.00.

Vienna Community Center - April 20 - 4:30 - 6:30
Community Supper - Sponsored by the Vienna Fire Department. Adults -\$5.00; kids - \$3.00.

Mt. Vernon Community Center - May 4- 3:00 p.m.
Historical Society play: *Life on the Farm*.

Mill Stream Grange - May 18 (8:00-noon) & 19 (10:00-noon). Annual seedling and bake sale.

Calendar

April 13, 2013

Union Hall Concert - An Evening of a cappella

April 20, 2013

Fire department Community Supper

May 4, 2013

Historical Society Play - "Life on the Farm"

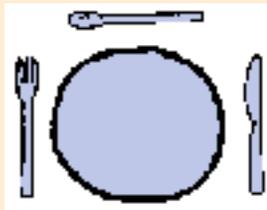
May 18-19

Mill Stream Grange annual sale

July 27, 2013

5th annual 30 mile watershed paddle-trek

SHOP LOCALLY - SUPPORT OUR LOCAL BUSINESSES



olde post office cafe

dinner and music nights

saturday, april 13

featuring

dave mello and petere re

saturday, may 11

featuring

the chris poulson trio

come and enjoy our seasonal menu

offering creative contemporary cuisine

in a casual and convivial atmosphere

for reservations call 293-4978

winter hours

the cafe is open wednesday through sunday, 7 am to 2:30 pm, serving breakfast and lunch including a variety of daily specials, creative panini and sandwiches, house-baked breads, cakes, pies and pastries for eat-in or take-out

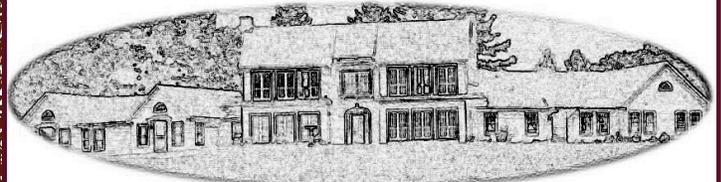
try our new grab-and-go dinners for two

366 pond road, mount vernon

www.oldepostofficecafe.com

Vienna Historical Society presents

Life on the Farm
Maine Chance Farm
1945-1952



by
Ian MacKinnon
Former Resident and Employee

Saturday, May 4, 2013 - 3:00pm
Mount Vernon Community Center
Mount Vernon Village

We especially invite former employees to attend, and share their stories with us

Come early for a good seat
Refreshments will be served

BARB'S
HANDPAINTED
SLATES, SAWS
& COLLECTIBLES



51 TOWN HOUSE RD.
RT. 41 VIENNA, ME
TEL: 293-2271

Email: gilmans2@fairpoint.net

web: barbshandpainted.craftah.com

SHOP LOCALLY - SUPPORT OUR LOCAL BUSINESSES

fresh
Ella's

ICE CREAM & SUNDRIES...
ON THE GO!

Join us for opening day:

May 1st

Enjoy our sundries and locally made all natural ice cream.

Make your next party a Fresh Ella's party.

- Birthday Parties
- Events
- Farmers Markets
- Weddings

Carey Ella Bor

207.320.8303 | 207.293.2218

careybor@yahoo.com | facebook.com/FreshEllas

Serving Central Maine



COMMUNITY SWAP AND SHOP

Find items here that Vienna residents want to sell, swap or barter. Send a description of your item to the address above. Posting is free. Also post it on the Vienna website by emailing to the Vienna webmaster: webmaster@viennamaine.org



Weslo reclining stationary exercise bike for sale - Hardly used, good condition, will need to pick up; \$15. Contact Cheryl Collier at abydosdannyboy@yahoo.com



Piano bench - \$25.00

Opens to store music. Good condition. Contact John - 293-2674.

COMMUNITY SUPPER

sponsored by Vienna Fire Department Inc.
Saturday, April 20, 2013
4:30-6:30 p.m.
at the Fire Station on Kimball Pond Road



Menu: spaghetti with meat sauce or veggie sauce
salad
Mamma Church's homemade bread,
brownies and ice cream
beverages
Adults: \$5.00
Kids 12 and under: \$3.00

Town of Vienna,

Selectmen, Assessors and Overseers of the Poor

Doris Thompson, Chris Smith, Jeff Radcliff

Treasurer - Marti Gross

Town Clerk - Annie Tibbetts

Tax Collector - Annie Tibbetts

Road Commissioner - Danny Goucher

Fire Chief & Warden - Brian Church

Health Office - Dan Onion

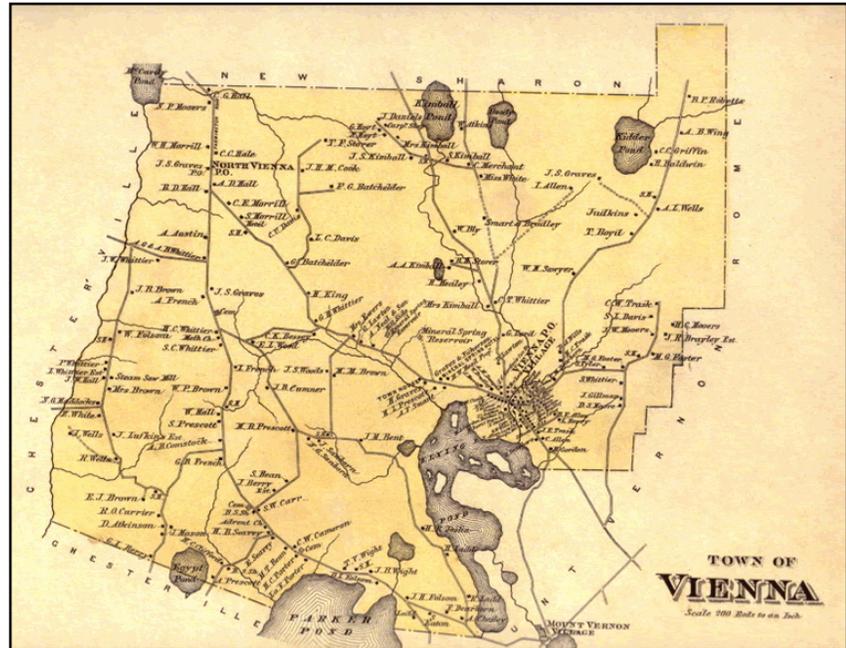
Animal Control Officer - Donald Tibbetts

Plumbing Inspector & Code Enforcement Office - John Archard

Alternate Plumbing Inspector - Gary Fuller

Addressing Officer - Laura Reville/Roger Reville

RSU #10 Representative - Helen Wilkey



1879 Map of Vienna

Office of the Selectmen

Vienna Town House

P.O. Box 38

212 Townhouse Road

Vienna, ME 04360

Postal Patron

SATWSS

P.O. Box or RR

Vienna, ME 04360

