

VIENNA RECORD



A bi-monthly newsletter of the Town of Vienna, Maine

VOLUME XVI, NO. 5

OCTOBER/NOVEMBER 2012

NOTES FROM THE TOWN CLERK & TAX COLLECTOR

Mark your calendar **November 6, 2012** for the Presidential Election. Polls open at 8:00 AM and Close at 8:00 PM. This will be held at the community center on Kimball Pond. Referendum questions are:

- **Question 1: Citizen Initiative** - Do you want to allow the State of Maine to issue marriage licenses to same-sex couples?
- **Question 2: Bond Issue** - Do you favor an \$11,300,000 bond issue to provide funds for capital to build a diagnostic facility for the University of Maine System; for capital improvements and equipment, including machine tool technology, for the Maine Community College System; and for capital improvements and equipment at the Maine Maritime Academy?
- **Question 3: Bond Issue** - Do you favor a \$5,000,000 bond issue to purchase land and conservation easements statewide from willing sellers for public land and water access, conservation, wildlife or fish habitat and outdoor recreation, including hunting and fishing and deer wintering areas, and to preserve working farmland

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MINUTES FROM THE TOWN SELECTMEN MEETINGS

Date: August 7, 2012

Present: Dodi Thompson, Chris Smith, Laura Church, Linwood Meader Jr., Marti Gross, Dan Onion

- Reviewed and signed Warrant #15.
- Provided tax valuation figures for a resident.
- Opened and reviewed bids for roadside mowing.

1.) Adams Earthwork and More - \$80 per mile (total \$1760) and \$150 for town dump

2.) C & S Roadwork - \$2200 roads only

3.) Donald Oliver Lawncare & Backhoe - \$1500 roads and dump

4.) TRS Timber Maintenance Inc. - \$21,120 for roads and

\$1500 for dump

- Accepted bid from Donald Oliver Lawncare & Backhoe.
- Reviewed and accepted bid from Troy Bean for snow shoveling at the Town House and Community Room for \$1200 (same as last year).
- Dan Onion presented the following:

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MINUTES FROM SELECTMEN'S MEETINGS (FROM FRONT PAGE)

- Questions regarding tarring Klir Beck Rd.
 - Concerns regarding water going into the ditch and culvert near his house and washing sand into Flying Pond. Clyde Walton has given suggestions for slowing down the water and sand before it reaches the pond.
 - Reported on the work to be done at the Parker Pond boat landing.
 - As Town Health Officer, Dan reported that he was also now Mt. Vernon's Health Officer. He will be putting in a budget request for next year for water testing looking specifically for arsenic and coliform – estimated \$50.
 - Received a new health officer manual from the State with updated procedures to handle excessive garbage/trash etc. on private property.
 - Reviewed and distributed mail.
 - Reviewed heating oil contract with DownEast Energy and will call them for more information.
- Reviewed and signed Warrant #16.
- Selectmen signed annual Transfer Station and Solid Waste Disposal Agreement with Waste Management of Norridgewock - November 1, 2012 through October 31, 2012. Same rates as last year.
- Jr. reported that the grinding and grading of Klir Beck Road will be done on Wednesday of this week; paving on Klir Beck and Tower Road on Thursday.
- Hot patch will be delivered to the Parker Pond Boat Landing – repairs to the landing will be done by the Youth Corp and supervised by the 30 Mile River Watershed Group.
- Selectmen signed a Quit Claim Deed releasing any interest in a property on Townhouse Road which is now owned by Franklin- Somerset Credit Union.
- Mail was reviewed and dispersed.
- Date: August 28, 2012
- Present: Dodi Thompson, Chris Smith, Norma Wing, Stuart Rogers
- Norma Wing of the Town House Committee brought several proposals for painting the front of the Town House (and touch ups on the sides). The selectmen voted to give the job to Jim's Painting of Farmington Falls for a total of \$1880. This was the lowest proposal received.
- Stu Rogers came in to discuss his property and taxes with the selectmen.
- Mail was reviewed and dispersed.
- Date: September 4, 2012
- Present: Dodi Thompson, Chris Smith, Laura Church, Linwood Meader Jr., Marti Gross
- Reviewed and signed Warrant #17.
- Reviewed and distributed mail.
- Processed an abatement.
- Received back signed Transfer Station and Solid Waste Contract for 11/1/12-10/31/13 (\$79.64 per ton).
- Date: September 11, 2012
- Present: Chris Smith, Laura Church, Linwood Meader Jr.,
- Linwood reported he spread two loads of cold tar for patching on Tower Rd. between Rt. 41 and Bean Farm Rd.
- Date: September 18, 2012
- Present: Dodi Thompson, Chris Smith, Laura Church, Linwood Meader Jr. Marti Gross
- Reviewed and signed Warrant #18.
- Reviewed and distributed mail.
- Robin Dobbins from U.S. Census Bureau came in to check addresses.
- Reminder from town treasurer: All work done for the town MUST have a w-9 completed and on file before a job begins.
- Received a dividend check from MMA Worker's Comp for \$150.00.
- Date: August 14, 2012
- Present: Dodi Thompson, Laura Church
- Reviewed and distributed mail.
- Reviewed and signed permits of power poles from Central Maine Power.
- Date: August 21, 2012
- Present: Dodi Thompson, Chris Smith, Linwood Meader, Jr., Marti Gross

FROM THE HEALTH OFFICER: FLU SEASON AND SHOTS

It's time to make flu shot plans for everybody. Influenza is a viral infection. It infects the cells lining the respiratory tract and lungs, and spreads from person to person by respiratory droplets from coughing and sneezing. Infections usually peak in February-March in North America (in the summer south of the equator) when we spend more time indoors with other people at school and work. There are several types, A and B with subtypes of each. The biologic strategy of this germ is to shift its antigenic identity a little bit each year so that people who have had it one year may be again susceptible the next year because the antibodies they made the first time are now less effective. That way the virus can find more victims and survive and spread more easily. It does not cause gastrointestinal symptoms, although often people refer to other diseases that do that as "flu" as well.

The disease takes 2-3 days to cause illness after a person is exposed. The first symptoms are usually severe sore throat and/or cough with fever and chills developing over the subsequent 24 hours. The fever lasts 2-4 days, but the patient doesn't really feel normal for at least a week. There are some bad complications that can appear and be fatal. A very small percentage of healthy adults who get it, can develop an overwhelming viral pneumonia, white out their lungs and die quickly. Thus if someone with cough and fever over 101° gets badly short of breath, they need medical attention ASAP. The other complication, seen more often in young children and people over 60 is a secondary bacterial pneumonia. The story there is usually of a febrile illness over 2-3 days that gets better but then the fever comes back and the patient is much sicker. These patients need antibiotics to stop the bacterial infection. But for the vast majority of infected people, the treatment is just aspirin (adults) or Tylenol along with fluids, plus tincture of time.

The best way to treat this common disease is to boost your immunity so you don't catch it or get only a mild case. You boost your immunity by getting a flu shot. The vaccine is reformulated each year, usually with 2 type A variants and one type B by the US Centers for Disease Control. The CDC bases what they tell manufacturers to put in the vaccine on their best guess of which sub-types are around and most infective. It's egg-based, so the rare person who is truly egg protein allergic (I've never met one), can't take the shot and must use alternatives (see below). But most of us do fine with only a mildly sore arm. Many claim to have "gotten the flu from the shot," but this is not possible. Most, I think, are describing a brief aching from the body's cleaning up the shot. Once in the past a few patients got a bad neurologic weakness called Guillaine-Barré syndrome; but that has not been an issue for over a decade now. Adults and children over 8 need only one dose each year. Children over 6 months and under 8 need a series of 2 shots at least a month apart if they have never had a flu shot before or have been 2 or more years without one. No shots for kids under 6 months; they will have some immunity from their mother still on board and hopefully the family who hugs them all get their flu shots.

Timing of the shots is an issue to consider. It takes about 2 weeks for your body to develop the antibodies after the shot. The other issue is when to get the shot because the immunity wanes and the virus changes its coat over 6 months or so. Bearing in mind that peak incidence of the infection is February-March, I usually recommend that people get their shot in late October through early December. There is some flu around in the fall, but the biggest risk is mud season, so you want most of your protection still to be there then.

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FLU SEASON & SHOTS (FROM PAGE 3)

The shots do work but certainly don't always prevent infection; in fact you still have a 75% chance of getting influenza, if exposed, even though you've gotten a flu shot. But your chances of being so sick you can't work are reduced to only 60% of what it would have been if you hadn't had it, because the shot moderates the symptoms. It works even better in the elderly and young because those groups get much sicker without the shot.

If you really can't get a flu shot because of egg allergy, or you forgot and you are now in the middle of a flu epidemic, you can take the prescription medicine, oseltamivir (Tamiflu), daily for a week or two if you are around others in a flu epidemic, or if you get the flu, to ameliorate the symptoms some. But it certainly is second best.

So get a flu shot. They are cheapest at a doctor office, special clinics, some pharmacies and elsewhere. Get one!

Dan Onion
Venna Health Officer
dkonion@gmail.com
293-2076



NOTES FROM THE TOWN CLERK (FROM PAGE 1)

and working waterfronts to be matched by at least \$5,000,000 in private and public contributions?

- **Question 4: Bond Issue** - Do you favor a \$51,500,000 bond issue for improvements to highways and bridges, local roads, airports and port facilities, as well as for funds for rail access, transit buses and the LifeFlight Foundation, which will make the State eligible for at least \$105,600,000 in federal and other matching funds
- **Question 5: Bond Issue** - Do you favor a \$7,925,000 bond issue to be expended over 2 years for revolving loan funds for drinking water systems and for wastewater treatment facilities, which will make the State eligible to secure \$39,625,000 in federal grants?

Anyone looking for Absentee Ballots, should contact me at 293-3383. Also, I will be looking for Ballot clerks to help in this election. The hours would be 8:30 PM. Til when we are done counting. I will be needing at least 4 other teams. That is 8 more people. Please send an email at viennas@aol.com or call at 293-3383.

It is that time again to license your dog/s. So come in anytime after the 15th of October to get that done.

A reminder, please remember when you're reregistering your vehicle, don't forget your old registration. Thank you!

Last announcement... I will be open 8-12 Tuesday and Thursday. 4:45-7:00 Thursday evening. 8-11 on Wednesday. The last Saturday of the month, 1-4 PM.

Connie Smith
Vienna Town Clerk

NOTICE:

Maine Residents Property Tax and Rent Refund
“Circuitbreaker” Applications may be downloaded
from the Maine Revenue Services website at:

www.maine.gov/revenue/forms/homepage.html

You may also get an application by calling 207-624-7894
and leave your name and mailing address.

The state is currently taking apps for 2011 taxes.

MOUNT VERNON COMMUNITY PARTNERSHIP CORP. (CPC)

THE BUSINESS DIRECTORY IS BEING UPDATED

The Community Partnership is updating the Mount Vernon and Vienna **BUSINESS DIRECTORY**, which we published in 2008. More than 100 businesses were listed in that directory, and we want to be sure every business in our two towns is listed in the new directory. If you have a business in either town, please give us the following information:

The category of your business (for instance, ARTIST, AUTOMOTIVE REPAIR, LANDSCAPING, ETC.).

The name of your business.

A brief description describing your business with any special information (such as hours open, season open, etc.).

Your name and town location.

Your phone number, email address, and web address (if you have either).

Give the information to Val Hoff by calling her at 293-3132 or emailing her at:

mainebonecarving@yahoo.com.

We hope to publish the directory in the fall.

***WE CAN'T WAIT TO FIND OUT ABOUT ALL THE GREAT BUSINESSES IN
MOUNT VERNON AND VIENNA!***

FROM MARANACOOK ADULT EDUCATION

Maranacook Adult Education has a new course lineup for fall 2012. For details on these and other courses, and to register, please visit <http://maranacook.maineadulted.org>. For more information, email us at adulted@maranacook.org or call 685-4923, ext 1065. We look forward to seeing you.

- **Woodworking** - 6 Mondays, 6-8:30 p.m., begins October 1.
- **Driver Education** - Monday, Wednesday and Thursdays 2:45-5:45 p.m., begins October 1.
- **Small Engine Repair** - 6 Tuesdays, 6-8:30 p.m., begins October 2.
- **Adult CPR/AED** - Wednesday, October 3, 6-8 p.m.
- **Aroma Yoga Nidra** - Wednesday, October 3, 4:30-6 p.m.
- **Sweater Mittens** - Wednesday, October 3, 6-9 p.m.
- **Oval Friendship Basket** - 2 Wednesdays, 6-8:30 p.m., begins October 3.
- **Introduction to TaiChi/Qi Gong** - 8 Wednesdays, 7-8 p.m., begins October 3.
- **Introduction to Google Applications (Apps)** - 2 Thursdays, 6-8 p.m., begins October 4.
- **Reiki Level Two** - Thursday, October 4, 6-9 p.m.
- **Aroma Yoga Nidra** - Wednesday, October 10, 6-7:30 p.m.
- **Everything you Need to Know, but don't, about Elder Care** - 3 Wednesdays, 6-7:30 p.m., begins October 10.
- **Braided Tote Bag** - 4 Wednesdays, 6-9 p.m., begins October 10.
- **Reiki Level Three & Master/Teacher** - 9 Thursdays, 6-8 p.m., begins October 11.
- **Ducktivities (parent-child crafts with duct tape)** - Saturday, October 13, 10 a.m.-noon.
- **Square Service Basket** - 2 Wednesdays, 6-8:30 p.m., begins October 17.
- **Aroma Yoga Nidra** - Wednesday, October 17, 4:30-6 p.m.
- **Pet CPR and First Aid** - 2 Wednesdays, 6-8 p.m., begins October 17.
- **Recycle Crafting (parent-child activity)** - Saturday, October 20, 10 a.m.-noon.
- **Fall Pumpkin Floral Arrangement** - Tuesday, 6-8 p.m., October 23.
- **Aroma Yoga Nidra** - Wednesday, October 24, 6-7:30 p.m.
- **Intermediate Word** - 2 Thursdays, 6-8:30 p.m., begins October 25.
- **Driver Education** - Monday, Wednesday and Thursdays 2:45-5:45 p.m., begins October 29.
- **Workplace Computer Skills** - 5 Tuesdays, 6-8 p.m., begins October 30.

ONGOING EVENTS

- **Mount Vernon Community Center Café** on Saturdays from 9:30-11:30 am. Coffee, food & conversation!
- **Men's Breakfast** on Tuesdays from 6:30-7:30 am at the Mount Vernon Community Center. Small donation appreciated.
- The 1st and 3rd Wednesdays of each month, **McGrafey Mountain Woodcarvers** meet from 6:00-8:30 pm at the Vienna Community Center. New and experienced carvers welcome. For More information about the meetings please call Norma Wing at 293-3725 or Ed Beach at 685-4779.
- **Creation Station**, a faith-based, arts-based after school program of the North Vienna UMC meets every Wednesday during the school year and is open to all children grades K-6. For more info call Laura Church at 293-3892
- **The Youth Group at North Vienna United Methodist Church** meets most Sunday afternoons during the school year. It is open to youth grade 6 and up. For more info call Laura Church at 293-3892.
- **Free Potluck Dinner** open to the public! - Last Sunday of every month - 11:30 am, right after Sunday Service - For more info contact Ken Wright Sr. 293-2189.



Mark your calendars!

OCTOBER/NOVEMBER 2012 EVENTS

- **Vienna Union Hall Association Meetings** - Monday, October 1st and Monday, November 5th - 7:00 PM at Vienna Community Building - New members welcome!!
- Saturday, October 13th - **Souper Supper** - Mt. Vernon Community Center - 5:30 PM - Soup, salad, bread, dessert, drinks - Proceeds to benefit MVCC
- **Hamlet** - Vienna Union Hall - Saturday, October 27 at 7:00 PM. - Advance tickets: \$12 Adult & \$9 Children under 13 - At the door: \$15 Adult & \$10 Children under 13 - To purchase tickets send a check or money order to: Marianne Archard, 197 Davis Road, Vienna, ME 04360 - Make the checks payable to: Vienna Union Hall Association
- **Hunters' Supper** - Nov. 10th 4:30-6:30 - Baked beans, chop suey, hot dogs, mac 'n cheese, cole slaw, gingerbread and beverages - \$6 Adults & \$3 Kids under 12 - Good food and a good time to visit!
- Saturday, November 24th - **Holiday Arts and Craft Fair** - 9 AM to 2 PM - Mt. Vernon Community Center

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HELP WANTED!



The Vienna Volunteer Fire Dept. is recruiting new members who are willing to work hard to do important work for your community. All training & equipment provided.

**Does this sound like you? Call
Brian Church 293-3892**

Anyone that would like to see what the Vienna Baptist Church sermons are, and weekly and upcoming events can go online in Facebook and type in Vienna Baptist Church. I try to Keep this current and anyone wanting more Information can contact me at 293-2189.

*Sincerely, Ken Wright
and Thank You.*



Dodi Thompson
Chris Smith
Laura Church

TOWN OF VIENNA, ME
PO Box 38
VIENNA, ME 04360
☎ 207 293-3087
www.viennamaine.org

SELECTMEN MEETINGS

*1st & 3rd Tuesdays of every month 6:30 p.m. at
the Town House*



Vienna Town House - Rte. 41, Vienna, ME

WORK SESSIONS:

*2nd Tuesday at 6:30 pm
4th Tuesday at 6:30 pm
5th Tuesday at 6:30 pm (as needed)*

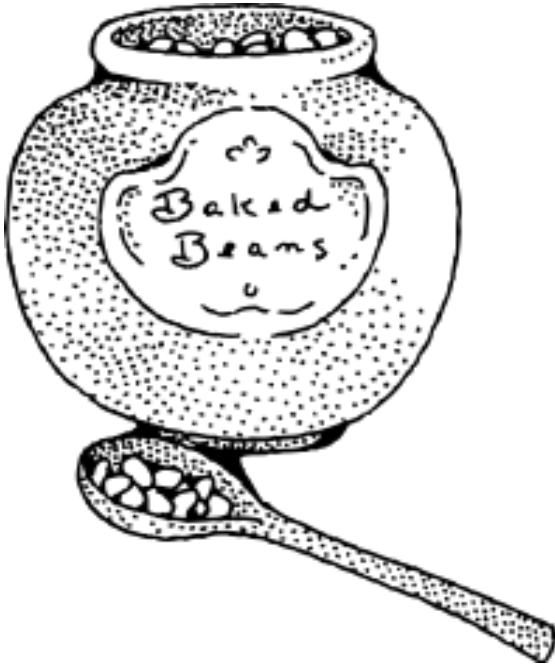
Vienna Planning Board MEETINGS

The Vienna Planning Board meets on the 4th Wednesday of each month at 7:00 pm at the Vienna Town House Route 41, Vienna, Maine

For more information, call Waine Whittier, Chair at 293-2072 or Creston Gaither, Secretary at 293-2909

www.viennamaine.org

From the Vienna Fire Department:



Hunters' Supper

Nov. 10th 4:30-6:30

Baked beans, chop suey, hot dogs,
mac 'n cheese, cole slaw, gingerbread
and beverages

Adults: \$6 & Kids under 12: \$3

Good food and a good time to visit!

COMMUNITY SHOP & SWAP

If you have stuff that is not trash but is in your way, it is now possible to have it posted on the Vienna website and in this newsletter at no cost to you. Check here for things that people in Vienna may want to sell, swap or barter. Just send a description of your item along with contact information to Laura Church at 293-3892 or church5@fairpoint.net.

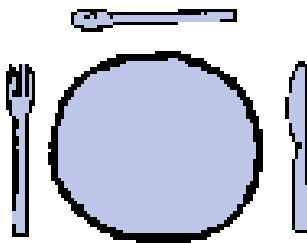
Riot Grind kayak for sale in Vienna. Great river runner - "one size fit's all" kayak. In great shape. Asking \$250. Call Darlene at: 293-4483



VIENNA RECORD

COMMUNITY SUPPORT

Buying products and services locally will help develop the economic vitality of the community.



**olde post office
café**

**dinner and music
nights**

come and enjoy our seasonal menu
offering creative contemporary cuisine
in a casual and convivial atmosphere

**for reservations
call 293-4978**

**try our new grab-and-go
dinners for two**

**366 pond road
mount vernon**

www.oldepostofficecafe.com

BARB'S
HANDPAINTED
**SLATES, SAWS
& COLLECTIBLES**



51 TOWN HOUSE RD.
RT. 41 VIENNA, ME
TEL: 293-2271

Email: gilmans2@fairpoint.net
www.barbshandpainted.craftah.com

FROM THE EDITOR

Have any news or advertisements for the **Vienna Record**? You may email articles etc. to me at church5@fairpoint.net or mail them to PO Box 146, Vienna ME 04360. The fee schedule per issue for advertisements is as follows:

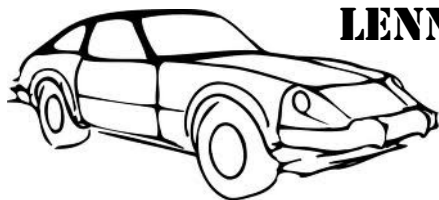
1/8 page	\$8.00
1/4 page	\$14.00
1/2 page	\$26.00
full page	\$50.00

Checks may be mailed to me made payable to "Town of Vienna."

Please note that all items or articles for the December 2012/January 2012 issue of the *Vienna Record* need to be e-mailed by November 24th. Please send items as a word document (.doc), rich text format (.rtf), or .jpg. Do not send newsletter articles or pictures as a .pdf or other format.

Laura Church

COMMUNITY SUPPORT

MEADER'S TOWING AND REPAIR**627 CAPE COD HILL, NEW SHARON - 778-3022****LENNY MEADER, OWNER**

- snowmobile service and sales
- towing
- general auto repairs
- oil changes
- tires
- inspections (motor vehicle and commercial)
- AC recharge
- small engine repair
- transportation available

MEADER'S

CONSTRUCTION

Lenny Meader - 778-3022

For All Your Earthwork Needs!

TOWN OF VIENNA, ME

Selectmen, Assessors and Overseers of the Poor

Dodi Thompson Chris Smith Laura Church

Treasurer Marti Gross

Town Clerk Connie Smith

Tax Collector Connie Smith

Road Commissioner Linwood Meader, Jr.

Fire Chief & Warden Brian Church

Health Officer Daniel K. Onion

Animal Control Officer Donald Tibbetts

**Plumbing Inspector &
Code Enforcement Officer** John Archard

Addressing Officer Laura Reville/Roger Reville

SAD #9 Representative Helen Wilkey

Cemetery Sexton Ernestine Emery



In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. (Not all prohibited bases apply to all programs)

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, or call (800) 795-3272 (voice) or (202) 720-6382 (TTD)



Postal Patron
SATWSS
P.O. Box or RR
Vienna, ME 04360



Office of the Selectmen
Vienna Town House
P.O. Box 38
212 Town House Road
Vienna, ME 04360