

# VIENNA RECORD



A bi-monthly newsletter of the Town of Vienna, Maine

VOLUME XIV, NO. 3

JUNE/JULY 2010

## FROM THE HEALTH OFFICER: LYME DISEASE IN VIENNA

It is spring and the flowers, black flies and ticks are blooming in Vienna! Flowers and black flies rarely cause significant health problems, but deer ticks can. They can transmit Lyme disease by transmitting the Lyme bacteria when they attach to their victim. They can also transmit the rarer diseases called ehrlichiosis and babesiosis. Vienna used to be on the edge of the deer tick/Lyme disease infestation area which was the southern New England states and southern Maine. But with recent warm winters, the deer tick population has increased substantially so that it is now much more common to see tick bites here. And Lyme disease increases will probably be soon follow.

Deer ticks are smaller than the common dog tick and lack the white "racing stripes" down the back of the latter(see

Maine CDC ID card) the size of apple seeds;but the nymphs, more common this time of year, are as small as poppy seeds, that is until they attach and fill with blood to 10 times that size over several days. The longer a tick stays on a person, the more likely they are to contract Lyme disease if the tick is a carrier. If they are on less than 24 hours, disease rarely follows; most patients with the disease have had a tick on for over a week.



The disease itself usually causes a circular (usually over 3 inches in diameter),non-tender rash, called erythema chronicum migrans, which looks like a red "ringworm"

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## MINUTES FROM SELECTMENT'S MEETINGS

Selectmen's Meeting April 6, 2010

Present: Dodi Thompson, Chris Smith, Brian Church, Marti Gross, Linwood Meader, Jr., Steve Lilley, Barry Emery

- 1) Reviewed and signed Warrant #7
- 2) Al Bersbach came in to discuss a piece of property that he is in the process of purchasing. The property abuts his property.
- 3) Linwood reports that we will be grading the Davis Road within the next week. He also informed us that he has been patching pot holes on the Tower Road.
- 4) Selectmen reviewed the snow plowing contract and General Requirements as we will be

requesting proposals for a new three year contract later this month.

Selectmen's Meeting April 13, 2010

Present: Dodi Thompson, Chris Smith, Brian Church, Steve Lilley, Donald Tibbetts, Brian Bronson, Dave MacLeay

- 1) Brian Bronson from the State Department of Conservation Bureau of Parks and Lands, Off-Road Vehicle Division came in to go over what the State has been working on concerning public vehicle access to the Kennebec Highlands. Brian also wanted to ask if the Town of Vienna would allow the state to use

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## VIENNA RECORD

## MINUTES FROM SELECTMEN'S MEETINGS (FROM FRONT PAGE)

approximately 3000 ft. of the Mountain Rd. as a marked snowmobile trail. This would run from Town House Road (Rt.41) up to the plow truck turnaround. No decision was made.

2) Dave MacLeay, a resident of Rome was also in to inquire what the Selectmen knew about public vehicle access to the Kennebec Highlands (Dave also participated in our conversations with Brian Bronson).

3) Dodi reported that she has placed an ad with the Franklin Journal requesting proposals for Snow Removal & Salt/Sanding of Vienna's roads from October 1, 2010 through May 31, 2013. Selectmen will be mailing "General Requirements" packets to four local contractors, who have indicated that they were interested in giving a proposal. Proposals need to in to the selectmen by 6:30 pm on June 1, 2010. Proposals will be opened at 7:00 pm June 1, 2010 during the regular Selectmen's meeting at the Vienna Town House.

4) Donald Tibbetts, Animal Control Officer, came in to go over the procedure that he has been instructed to use when responding to any complaints/calls. These guide lines were given to him by the Kennebec County Sheriff's Department and the State Police. If he personally sees an infraction or has an admission of guilt, he can issue a warning or summons. If he does not witness the alleged infraction, he will ask for a written statement from the two parties. The statements are turned in to the District Attorney's office for review. Donald will then be notified if he is to take further action.

•-----•  
Selectmen's Meeting April 20, 2010

Present: Dodi Thompson, Chris Smith, Brian Smith, Marti Gross, Linwood Meader, Jr.

1) Reviewed and signed warrant #8.

2) Linwood reports that he has un-posted all of the towns roads. He also reports that the Stream Road, Davis Road, Bessey Road and the Klir Beck Road have all been graded.

3) Opened and distributed mail.

4) Read and accepted minutes from April 6, 2010 and April 13, 2010 Selectmen's Meetings, with changes.

5) Discussed two abatement applications.

•-----•  
Selectman's Meeting April 27, 2010

Present: Dodi Thompson, Chris Smith, Brian Church

1) Steve Ulmer from Transco came in to go over a proposal for a new photo copier lease. The town's current lease is up in June. The Selectmen voted to accept this new lease on a Konica/Minolta Bizhub model #222. This will be a 60 month lease at \$99.00 a month. (\$1.00 a month less than our current lease). All toner, staples, and maintenance are included.

2) Selectmen processed two property tax abatement applications.

3) Read and accepted minutes from our April 20th meeting.

4) John Sexton, assessing agent, is working on property card changes for 2010 from the tax transfer list and building permits. We are also working on new Homestead Exemptions, new tree growth and open space land applications. All changes will then go into the Tax Collector's database.

•-----•  
Selectman's Meeting May 4, 2010

Present: Dodi Thompson, Chris Smith, Brian Church, Marti Gross, Linwood Meader, Connie Smith

1) Reviewed and signed warrant #9.

2) Signed the Warrant and Notice of Election for the Budget Validation Referendum for the Mt. Blue Re-

gional School District to be held from 4 PM to 8 PM, Tuesday, May 18th.

3) Members from the 30 Mile River Watershed Committee (Dan Onion, Lidie Robbins, Marty Arnold and Adrian Polky, Lake Warden) came in to talk about possibly improving the Parker Pond boat landing and surrounding area. Clyde Walton, a retired D.O.T. engineer that lives in Fayette has been looking into ways to improve the boat landing. The Selectmen are in agreement that something needs to be done to the landing, but the town would not be able to put any funds toward the project in 2010. Selectmen told the committee that if they could find the funding, we would be open to them improving the boat landing. There was agreement that the 30 Mile group would return for more discussion with the selectmen before proceeding with any work.

•-----•  
Selectmen's Meeting May 11, 2010

Present: Dodi Thompson, Chris Smith, Brian Church, Marti Gross, Linwood Meader, Jr.

1) Linwood reports that he has been doing some work on the Kimball Pond Road and the Cross Road. He also informed us that there is a logging operation up off the Anderson Road. He will continue to check for damage on the road. Linwood also reports that he has cleaned up most of the trees that blew down a week ago during a storm.

2) The Selectmen reviewed all the budget figures and voted to set the mil rate at .01466 for the 2010 taxes. That is \$14.66 per thousand of the valuation. Tax bills will be mailed out later this week. The first installment (1/2) is due by June 15th; the second half is due by September 1st.

## PLANNING BOARD MINUTES

### MINUTES OF THE REGULAR MEETING OF THE VIENNA PLANNING BOARD HELD MARCH 24, 2010

The meeting convened at 7:00 PM at the Town House. Members present were Waine Whittier, Alan Williams, Nanou Laliberte, Ed Lawless, and Creston Gaither. Also present was Sue Burns. Minutes of the February 24 meeting were read and accepted.

The board discussed the Harris & Stefaney shed permit application (for tax map 5A lot 32-4) and agreed to require the applicants to either stake out the proposed structure or appear at a site visit.

The Potter timber harvest permit was turned in (see January minutes). It was noted that at the March town meeting the Timber Harvest Ordinance was repealed (by a unanimous or nearly unanimous vote with little discussion) and that this was therefore the last permit issued under that ordinance.

FEMA's March 10 letter to the selectmen, forwarded to the planning board, was reviewed. Waine read a related letter from the State Planning Office dated January 27 saying that the Town will have 6 months from the effective date of new flood hazard maps to adopt a new floodplain management ordinance (FMO); but that the new maps are not yet in effect. It thus appears we need do nothing at this point. Waine has also received a draft FMO dated January 5.

BRCA's letter of March 19 regarding a gravel road workshop was reviewed.

Site Plan Review Ordinance (SPRO) options were discussed at length with Sue Burns and a model ordinance was reviewed. Concerns were raised about applicability and the meaning of "commercial" versus "non-residential" use. Sue will bring Mount Vernon's SPRO to the next meeting. Concerns not addressed in the model ordinance, such as noise, light, and odor, were discussed.

Waine noted that Roger Wing has expressed interest in being an alternate board member.

The meeting adjourned at 8:30 PM.

Creston Gaither,  
Secretary

### MINUTES OF THE REGULAR MEETING OF THE VIENNA PLANNING BOARD HELD APRIL 28, 2010

At 6:30 PM regular members Nanou Laliberte, Ed Lawless, and Creston Gaither met with contractor Ryan Jones at the Burke site on Flying Pond (tax map 11 lot 29-V; see below). The regular meeting convened at 7:00 PM at the Town House where the board was joined by regular member Alan Williams, who was elected Acting Chairman in Waine Whittier's absence; and by Mr. Jones and Gene and Sherry Schramm. Minutes of the March 24 meeting were read and accepted.

Mr. Jones presented documentation regarding the Burke's proposal to install a new foundation under their home at the aforesaid site and to install a retaining wall behind it. No new plumbing or change in use is proposed. The board made findings of fact as per Section 16.D. of the Shoreland Zoning Ordinance

*Continued on page 5*

## VIENNA RECORD

## APRIL/MAY 2010 EVENTS

- **'International Menu' Dinner** - Saturday, July 3rd at 5:30 PM at the Mt. Vernon Community Center - Adults-\$7 /Children 5 and under-\$3. Proceeds benefit MVCC
- **Mt.Vernon Community Center Arts and Crafts Fair** - Saturday, July 10th, 9 AM to 2 PM
- **Mt. Vernon/Vienna Extension Homemakers Home and Garden Tour** - Saturday, July 17th, 10AM to 4PM - Tickets on sale at 9:00 AM the morning of the tour at North Vienna United Methodist Church - Luncheon available by reservation from 11AM to 1PM at the church. For more info call Dodi Thompson 293-2670
- **Dr. Shaw Library Book Sale** - (Also on Sale: Inventory donated from The Corner Store) Saturday, July 17th, 9:00 AM - 3:00 PM at the Mt Vernon Community Center.
- **North Vienna United Methodist Church's Second Annual Lobster and Prime Rib Dinner** - Saturday, August 14, 2010. Seatings will be at 4:30 and 6:00. Posters will be up soon. So watch for them! Tickets must be purchased in advance and will be available soon. For more information call Laura Church 293-3892 or Kathy Meader 293-2335.



*Mark you calendars!*

## ONGOING EVENTS

- **Mount Vernon Community Center Café** on Saturdays from 9:30-11:30 am. Coffee, food & conversation!
- **Men's Breakfast** on Tuesdays from 6:30-7:30 am at the Mount Vernon Community Center. Small donation appreciated.
- The 1st and 3rd Wednesdays of each month, **McGraffey Mountain Woodcarvers** meet from 6:30-8:30 at the Vienna Community Center. New experienced carvers welcome. For More information about the meetings please call Norma Wing at 293-3725 or Ed Beach at 685-4779.

## COMMUNITY SHOP &amp; SWAP

We have an **All Pro 55,000 BTU Kerosene forced Air Heater** that is about 3 years old and has about a half of tank of kerosene in it that we no longer use. Looking to sell it for \$100.00 and buyer must be able to pick it up. Call (207) 491-8184 and leave a message if we don't answer.

*If you have stuff that is not trash but is in your way, it is now possible to have it posted on the Vienna website and in this newsletter at no cost to you. Check here for things that people in Vienna may want to sell, swap or barter. Just send a description of your item along with contact information to Laura Church at 293-3892 or church5@fairpoint.net.*

Vienna Fire Department Inc.  
ANNUAL CHICKEN BBQ

BBQ chicken, cole slaw, rolls,  
chips, dessert, beverages  
July 25, 2010, 11:30 - 2:00  
Adults - \$7.00  
Kids - \$4.00

## PLANNING BOARD (FROM PAGE 3)

(SZO), found the proposal conforming, and voted to authorize Creston to issue the usual permit by letter, subject to conditions regarding soil erosion, the minimization of tree removal, and the removal of any excess material to a site outside the shoreland zone.

The Schramms would like to renew their permit dated July 2, 2007 (for tax map 10 lot 40) so that they can build a garage and put stairs on their house. They would also like to replace their existing woodshed with a somewhat larger one (approximately 8' x 12'). It appears that the existing deck (in the former house site footprint) measures approximately 540 sf. Sect. 12.C.(1).(a).iii of the SZO was reviewed regarding the expansion of such non-conforming uses. It appears that the woodshed could be expanded by approximately 460 sf. The usual site visit was waived as the board has been to the site several times. The board made findings of fact as per Section 16.D. of the SZO, found the proposals conforming, and voted to authorize Creston to issue the usual permit by letter, subject to the conditions that the total

combined area of the new woodshed and existing deck not exceed 1000 sf; that a silt fence be installed if any significant site work is performed; and that the existing setback be maintained.

Sue Burns is ill and thus unable to attend this meeting. She had forwarded the Mount Vernon Site Plan Review Ordinance, and Creston had e-mailed or provided copies to all members. She hopes to attend the May meeting.

Ridgely Fuller's e-mails regarding "Big Island" were discussed. The board agreed to wait until it has a specific proposal to decide whether a site visit is necessary.

Creston reported that the State has revised its GIS layers to show Lane's Brook as Vienna's southeasterly boundary (see December 2009 minutes).

Creston will advise Roger Wing to seek appointment by the selectmen (see March minutes).

The meeting adjourned at 7:45 PM.

Creston Gaither, secretary



Dodi Thompson  
Chris Smith  
Brian Church

TOWN OF VIENNA, ME  
PO Box 38  
VIENNA, ME 04360  
☎ 207 293-3087  
www.viennamaine.org

## SELECTMEN MEETINGS

*1st & 3rd Tuesdays of every month 6:30 p.m. at the Town House*



Vienna Town House - Rte. 41, Vienna, ME

### WORK SESSIONS:

*2nd Tuesday at 6:30 pm  
4th Tuesday at 6:30 pm  
5th Tuesday at 6:30 pm (as needed)*

## Vienna Planning Board MEETINGS

The Vienna Planning Board meets on the 4th Wednesday of each month at 7:00 pm at the Vienna Town House Route 41, Vienna, Maine

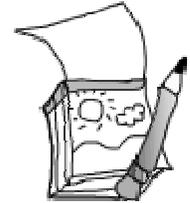
For more information, call Waine Whittier, Chair at 293-2072 or Creston Gaither, Secretary at 293-2909

www.viennamaine.org

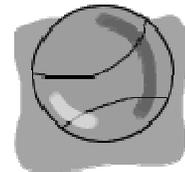
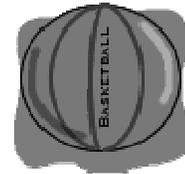
## VIENNA RECORD

## MARANACOOK YOUTH SUMMER CAMPS

Maranacook Adult Education is pleased to announce its Youth Summer Camps schedule for 2010. For details about camps and other classes, please visit <http://maranacook.maineadulted.org>. You may also register for camps online. If you have questions, please email [adulted@maranacook.org](mailto:adulted@maranacook.org) or call 685-4923, ext. 303.



- Babysitter Training, 9 a.m.-3 p.m., June 23-24, ages 11-15, Manchester Elem. School
- Tennis, begins July 7, Wednesdays 9-11 a.m. for 6 weeks, MCS tennis courts
- Art & Nature, June 28-July 2, 8:30-11:30 a.m., ages 9-12, MCHS
- Art & Nature: painting, June 28-July 2, 11:30 a.m.-2:30 p.m., ages 11 & up, MCHS
- Lady Black Bear Basketball Camp, July 12-16, 9-3, for girls entering grades 3-8, MCHS & MCMS gyms
- Acting Up! Grades 5-8 July 19-23, 9 a.m.-noon, for students entering grades 5-8
- Art Fundamentals, July 19-23, 9 a.m.-noon, for students entering grades 2-6
- Boys Black Bear Basketball Camp, July 26-29, 8:30 a.m.-3 p.m., for students entering grades 4-8, MCHS gym
- Boys Black Bear Basketball Camp, July 26-29, 8:30-11:30 a.m., for students entering grades K-3, MCHS gym
- Field Hockey Clinic, July 26-29, 8:30-10:30 a.m., for students entering grades K-2, MCHS athletic fields
- Field Hockey Clinic, July 26-29, 8:30 a.m.-noon, for students entering grades 3-8, MCHS athletic fields
- Maranakick Soccer Camp, August 16-19, 9:30 a.m.-2:30 p.m., for students entering grades 4-8, MCHS athletic fields
- Maranakick Little Kickers Soccer Camp, August 16-19, 9:30-11:30 a.m., for boys & girls ages 5-8, MCHS athletic fields
- Summer Gymnastics Camp, August 16-20, Noon-3 p.m., for boys & girls ages 5 & up, MCMS gym



## FROM THE 30 MILE RIVER WATERSHED ASSOCIATION

### Volunteers Needed to Keep out the Invasives

Courtesy Boat Inspectors (CBIs) are the “first line of defense” against invasive aquatic plants, preventing plant fragments found hitchhiking on boats and trailers from entering our lakes. Last summer 21 volunteer CBIs worked nearly 100 hours on Vienna’s three lakes, greatly expanding the coverage provided by paid staff. In August, a CBI at Parker Pond found many large pieces of the invasive plant variable milfoil from Belgrade Stream on a boat and trailer about to launch into the lake. This was a huge “save” for Parker Pond and the 30 Mile River Watershed, as it takes only a tiny piece to start an infestation. Please join our group of dedicated volunteers for the 2010 season. Contact 30MRWA’s Invasives Program Coordinator Alecia Tenney at 512-2309 or [cbi@30mileriver.org](mailto:cbi@30mileriver.org).

Invasive Plant Patrollers (IPPs) are volunteers who survey the lakes for invasive aquatic plant infestations, striving to detect invasions early and implement a rapid response. This work is critical to our efforts to keep the lake free of invasive plants, as we saw last fall when an IPP from Damariscotta Lake found Hydrilla, a very aggressive invasive, growing in a cove on that lake. We need as many sets of eyes as possible keeping watch for these invasive plants, and this summer there will be two local, free training opportunities where you can become a trained Invasive Plant Patroller to join one of our lake teams. The first workshop, an Introduction to Invasive Plant Patrol (IPP), will be 0000000all who are new to this work, as well as those looking for a refresher. It will provide an overview of plant identification along with the basics of how to conduct a survey. The second workshop, Survey Field Methods for Invasive Aquatic Plant Screening, will be Saturday, July 24, from 8:00-12:00 at the Minnehonk Town Beach. This workshop is for those who have already attended the basic IPP training and would like some guided field experience. Both workshops will be conducted by the Maine Volunteer Lake Monitoring Program and are co-sponsored by the 30 Mile River Watershed Association and the Belgrade Regional Conservation Alliance. Registration information will be available soon at [www.mainevolunteerlakemonitors.org](http://www.mainevolunteerlakemonitors.org) or contact

Alecia Tenney at 512-2309 or [cbi@30mileriver.org](mailto:cbi@30mileriver.org).

### Free Camp Road Maintenance Workshops

For the second year we will be offering free camp road maintenance workshops to those living in the 30 Mile River Watershed. These two-hour field workshops are for road associations and other private landowners who want to learn how to decrease road runoff and non-point source pollution. Contact 30MRWA Executive Director Lidie Robbins at [info@30mileriver.org](mailto:info@30mileriver.org) or 293-2181 if you’re interested.

### Youth Conservation Corps Projects Needed

30MRWA is seeking project sites for this summer’s Youth Conservation Corps (YCC) work in our watershed. The YCC’s mission is to preserve and improve water quality by addressing erosion and runoff issues on property throughout the watershed. The YCC provides all the labor for the projects free of charge; the landowners are responsible only for the cost of the materials used. We are available to look at specific problems or simply to review your property and suggest ways to reduce your impact on the lakes. To arrange a site visit, contact Lidie Robbins at [info@30mileriver.org](mailto:info@30mileriver.org) or 293-2181.

## FROM THE EDITOR

Have any news or advertisements for the **Vienna Record**? You may email articles etc. to me at [church5@fairpoint.net](mailto:church5@fairpoint.net) or mail them to PO Box 146, Vienna ME 04360. The fee schedule per issue for advertisements is as follows:

1/8 page	\$8.00
1/4 page	\$14.00
1/2 page	\$26.00
full page	\$50.00

Checks may be mailed to me made payable to “Town of Vienna.”

Laura Church

VIENNA RECORD

COMMUNITY SUPPORT

Placing an ad in The Vienna Record will help support your community newsletter and promote your business. For more information, call Laura Church at 293-3892 or e-mail church5@fairpoint.net.



Creative Sandwiches, Salads & Soups

Homemade Breads, Pastries, Pies & Cakes

Call To Order baked goods & catered meals for small or large groups

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Saturdays 6:00 pm - 9:00 pm

Call for Reservations

June 12 - Robby Coffin, Scott Elliot & Phil Dibinsky

June 26 - Ed Desjardin & Katie Webber

HOURS

Spring Hours: Wed. thru Fri. 7:00 am - 2:00 pm

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Buying products and services locally will help develop the economic vitality of our community.

WANTED

Short fiction, anecdotes, poetry, humor, short memoirs and essays about life in the Vienna-Mt. Vernon area, past or present.

Be published in a new area anthology!

Submissions might include reflections, descriptions or stories about the land (weather, climate, pond/landscape), local people (including ghosts), and/or events around the towns and lakes.

Maximum 700 words. Deadline for all work is August 1, 2010.

Email submissions to Mary Anne Libby at malibby@fairpoint.net or to Pat Onion at paonion@colby.edu. Or drop your work off for Mary Anne at the Dr. Shaw Library, or for Bob Wallack at The Olde Post Office Cafe, both in Mt. Vernon.

COMMUNITY SUPPORT

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Many, many, references. **Most good!!**

“I will nail down all of your building needs”

**FROM THE VIENNA HEALTH OFFICER: LYME DISEASE IN VIENNA (FROM FRONT PAGE)**

rash around a bite site. Fever (60%), aching body and joints (90+%). headache (65%) also commonly accompany the disease which follows the bite 1-2 weeks later. If not treated, later complications involving heart, nerves, brain, and joints can occur weeks and months later.

So how can you avoid these troubles without moving to Northern Canada? First the most important thing to do is use DEET containing bug dope to discourage their climbing on you. Secondly, you should check yourself and your children for ticks every day in the summer when they have been outside. This can be hard in difficult places to see, like the back side of your knees or trunk. I thought I'd grown a big skin tag behind my knee for several days until I looked with a mirror and saw it was a tick.

If you find a tick, and it's not swollen, and you are pretty sure it hasn't been on for more than a couple days, just remove it and your chances of Lyme are very small. Slow steady pressure to pull it off usually works. Don't try to burn it off; and be careful with tweezers (I use my leatherman) to gently tug for the minute or two it takes to get the tick to release. Leaving the head in the skin still leaves the risk of infection.

If it is engorged (swollen) and may have been on for several days, then taking a single dose of doxycycline, a prescription you can call and ask your doctor for, will reduce your chances of getting Lyme if the tick was infected from 3% to 0.6%.

If you develop a rash ring around the bite site or a place where you weren't aware you'd been bitten, then you should be given a course of antibiotics for 2-3 weeks, doxycycline/tetracycline for most, amoxicillin or cefuroxime for pregnant women and children. The downside of these alternative antibiotics is that they don't also cover the rare co-infections with ehrlichiosis and babesiosis. You will probably need to see a medical clinician to do that, but ask for an urgent appointment. The rare late complications are also treated with antibiotics after being proven due to Lyme by blood test immune titers.

So use bog dope. Check yourself and the kids. Pull ticks off before they get engorged. And get antibiotics if you develop the characteristic rash or other symptoms.

Dan Onion,  
Vienna Health Officer

**Detach and save these tick and Lyme disease information cards produced collaboratively by DHHS Bureau of Health and by the Maine Medical Center Research Institute.**

## Remove Ticks Properly

- Grasp the tick close to the skin with tweezers.
- Pull gently until the tick lets go.
- Other methods such as vaseline, alcohol, and nail polish remover are **not** effective!
- Consult a physician if you remove an engorged deer tick.



**Remove ticks promptly! Ticks usually need to attach for 36 hours to transmit Lyme disease. Ticks attach at body folds, behind the ears, and in the hair.**



To protect pets, use repellents, acaricides, and for dogs, a Lyme disease vaccine.

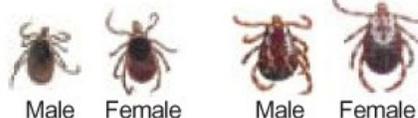
Produced by the Maine Medical Center Research Institute and the Maine Center for Disease Control and Prevention, Department of Health and Human Services.

March 2008

## KNOW YOUR TICKS!!!

**Adult Deer Ticks**  
(Enlarged image)

**Adult Dog Ticks**  
(Enlarged image)



The **Deer Tick** transmits Lyme disease in New England. Nymphal ticks, active from about **May through July**, are mostly responsible for human cases of Lyme disease. Adult ticks, also able to transmit infection, are active **October - December** and again **April - June**.

### The Actual Size of Deer Ticks

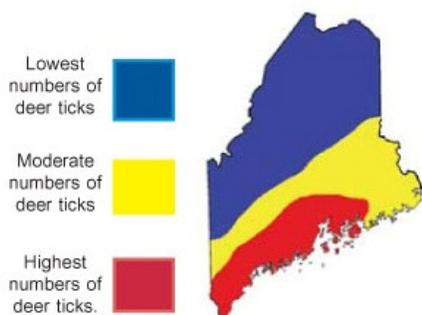
Nymph (1/32"-1/16")	Adult (1/8")	Engorged Female (up to 1/2")
		
May - July	April - June Oct. - Dec.	



In Maine, dog ticks (actual size shown) **do not** transmit Lyme disease. They are found April - August in northern New England.

## The Deer Tick in Maine

Although they can occur **statewide**, deer ticks are most abundant along the southern coast of Maine.



For more information, check out these websites:

Maine Medical Center Research Institute Center for Vector-borne Disease  
<http://www.mmcri.org/lymelymehome.html>

Maine Center For Disease Control and Prevention  
<http://www.maine.gov/dhhs/boh/>

Federal Centers for Disease Control and Prevention  
<http://www.cdc.gov/incidod/dvbid/lymelindex.htm>

## Precautions to avoid tick bites:

Wear light-colored clothing and tuck pantlegs into socks.

Use a DEET - based repellent on skin and clothing or a permethrin - based repellent for clothes only. Follow directions when applying DEET to the skin.

Inspect yourself closely when you get in from outdoors and again in a few hours.

Shower and wash clothes soon after coming indoors. Heat drying will kill ticks on clothing.

## Symptoms of Lyme Disease:

In most cases, people see an expanding red rash more than 2 inches across at the site of the tick bite, which may occur within a few days or a few weeks later.



Other symptoms include:

- fatigue
- muscle and joint pain
- headache
- fever and chills
- facial paralysis

Deer ticks also transmit other diseases such as **babesia** and **human granulocytic anaplasmosis (HGA)**.

People that remove an engorged deer tick should consult their physician as quickly as possible.

# TOWN OF VIENNA, ME

**Selectmen, Assessers and Overseers of the Poor**

Dodi Thompson      Chris Smith      Brian Church

**Treasurer**      Marti Gross

**Town Clerk**      Connie Smith

**Tax Collector**      Connie Smith

**Road Commissioner**      Linwood Meader, Jr.

**Fire Chief & Warden**      Steve Lilley

**Health Officer**      Daniel K. Onion

**Animal Control Officer**      Donald Tibbetts

**Plumbing Inspector &  
Code Enforcement Officer**      John Archard

**Addressing Officer**      Laura Reville

**SAD #9 Representative**      Helen Wilkey

**Cemetery Sexton**      Ernestine Emery



Postal Patron  
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**Office of the Selectmen**  
Vienna Town House  
P.O. Box 38  
212 Town House Road  
Vienna, ME 04360