

# THE VIENNA RECORD



Volume XI, No. 3

A bi-monthly newsletter of the Town of Vienna, Maine

June/July 2007



## MESSAGE FROM THE SELECTMEN

*To the residents and friends of Vienna:*

The town was hit by another bad storm on April 16th, Patriot's Day. There was damage to all the roads in town, but Junior and his crew did a good job of getting things regulated quickly. We did however have to spend the bulk of our road maintenance budget in about two weeks. We will eventually be reimbursed by FEMA and MEMA, but that will take several months. There will be no more major road repairs done until after the tax bills go out (and some money comes in).

The work on the town revaluation is nearing completion. Sometime in the next few weeks a letter will be going out to all Vienna property owners with the new 2007 assessment. The letter will include John Sexton's contact information if you wish to discuss your assessment with him. Just remember that higher assessments mean a lower mil rate when the tax commitment is done.

Best wishes for a great summer. Check out our website at [viennamaine.org](http://viennamaine.org) for a list of all the local events that are being planned.



## Selectmen's Meeting Minutes

### Selectman's Meeting - April 3, 2007

Present: Dodi Thompson, Chris Smith, Brian Church, Steve Lilley, Linwood Meader, Misty McKechnie, Richard Nystrom.

1. Linwood reports that the frost is working out of the roads. He has worked on the Stream Road, Besse Road and Kimball Pond Road.
2. Dodi, Marti Gross, Treasurer and Connie Smith, Clerk, signed the Tax Anticipation Note today for \$100,000.00. The money will be available by April 9th or 10th.
3. IRS Auditors have informed us that the town needs to have written

(See **Selectmen Meeting**, on page 2)

We invite you to revisit our updated website at <http://www.ViennaMaine.org> to learn more about our town, its government, committees, and civic groups, as well as familiarize yourself with town ordinances.

Find out about upcoming events on the Bulletin Board. Submit your own event.

Look at photographs of our town's people and places.

This has truly been a community effort, with input from many town residents and friends.

If you have ideas for additions, deletions or changes, please contact the webmaster at [webmaster@viennamaine.org](mailto:webmaster@viennamaine.org). It is only with your feedback that this site will improve.



**Selectmen Meeting** from page 1

contracts with all independent contractors who do ongoing work for the town, i.e. mowing, snow shoveling, cemetery maintenance, etc.

4. Reviewed and signed warrant #7.
5. Richard Nystrom came by to discuss his taxes and other issues.

**Selectman's Meeting – April 10, 2007**

Present: Dodi Thompson, Chris Smith, Brian Church, Steve Lilley, Linwood Meader.

1. Selectmen signed letter from Stephen T. Hopkins accepting the 2006 audit.
2. Linwood reports the roads are still slowly drying out. He will leave the Stream Rd. closed except to local traffic for another week.
3. Brian will be attending the mutual aid meeting in Mt Vernon to discuss our future radio communication options.
4. Our TAN was approved and in place by April 9 th .
5. Chris met with a representative from Inland Fisheries & Wildlife to clarify the ownership of the Rt. 41 boat landing. It is owned by D.O.T.
6. Linwood reported two more snowplow turnarounds – one on Mason Rd. and one on Cross Rd.

**Selectman's Meeting – April 17, 2007**

Present: Dodi Thompson, Chris Smith, Brian Church, Marti Gross, Steve Lilley, Linwood Meader, Beth Evans from KJ

1. Linwood reported on the road damage from yesterday's big storm. They started on Mountain Road Monday morning to clean ditches, and then moved on to top of Stream Rd. There was a wash out from run off from new field on Tower Rd. He had to bring in the excavator and trucks to repair the lower section of the Stream Rd. Kimball Pond Road washed out near the Jesse

Ladd Rd. Jesse Ladd Rd. washed out on the steep part. Ithiel Gordon Rd down to Parker Pond boat landing washed out and undermined the Tower Rd. All roads are passable but there is much more work to be done. Chris and Jr. will be contacting FEMA.

2. Steve reports that the Fire Department has two (2) sump pumps missing in action – they were loaned to townspeople for an emergency. Also the Chiefs Steve, Brian, Pete Byrnes, and Mark Holmes are looking into how we can best repair our fire truck "81". We currently have \$5300.92 in the Fire Department capital improvement reserve account.
3. Reviewed and signed warrant #08.
4. The selectmen filled out a survey from Maine Power options on how many and what type and what size fuel tanks we have in town.
5. It was brought to the selectmen's attention that we need to get information on our website and in a newsletter about how someone would get into the community room during a power outage or other emergency. Brian will talk with the fire chiefs and then write something up and get it to Norma Wing.

**Selectman's Meeting - April 24, 2007**

Present: Chris Smith, Brian Church, Donald Tibbets

1. Donald Tibbetts, Animal Control Officer, came in to warn us about a rise in rabies in the area. He will be getting posters from the state to put up. He also wanted to know about hiring someone to go out with him at night if it involves a rabid animal. They would be paid out of the Animal Control Officer's Salary. Chris and Brian agree with this.
2. Opened and went over mail.

**Selectman's Meeting – May 1, 2007**

Present: Dodi Thompson, Chris Smith, Brian Church,

(See **Selectmen Meeting**, on page 3)

**Selectmen Meeting** from page 2

Marti Gross, Steve Lilley, Linwood Meader, Beth Evans from KJ

1. Linwood reports that we spent approximately \$40,000.00 to repair our roads after the "Nor Easter" on April 16 th , known as the "Patriots Day Storm" by FEMA.
2. Richard Nystrom and Misty McKechnie are having a mud-run at their place in June. Steve wanted to know the town's policy on making a fire truck available for this event if such a request is made by Mr. Nystrom. The selectmen have advised Steve that we would have to set the fees for the truck and the firefighters to man it.
3. Reviewed and signed Warrant #9.
4. Linwood asked about having a mail slot put in the town house. We will discuss this with the town house committee.
5. The Comprehensive Planning Committee sent us a copy of the public opinion survey for us to look at and make comments.
6. Dan Onion has sent in a copy of the budget for the lake warden account for the selectmen's approval. He also sent along minutes from their last meeting.
7. We have received a copy of the 2007-2008 SAD #9 Budget which will be voted on June 12th .

**There are no minutes for the May 8th meeting.**

**Selectmen's Meeting - May 15, 2007**

At the meeting: Dodi Thompson, Chris Smith, Brian Church, Linwood Meader, Barry Emery, Marti Gross, Beth Evans, KJ.

1. Read minutes from May 1st. Accepted with changes.
2. Received a letter from York Hill Surveying with an estimate (not to exceed \$2000) for doing a topographical map survey of the town house property. We will pass this along to the Town House Committee.

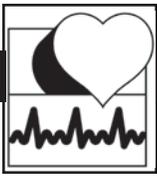
3. Dodi reported that she met with the assessor, John Sexton, today. He should be done with the field work in about ten days. We should get another update from him later this week.
4. Linwood and Chris reported on the meeting with FEMA and MEMA in Augusta on the "Patriot's Day Storm". A representative from FEMA will be coming to Vienna to go over the road damage and repairs.
5. Linwood reported that we need a few road sign replacements. They are for Besse Rd., Stream Rd. and a new stop sign.
6. Linwood also reported that some items put out for Bulky Pick-up on Davis Road were not picked up. Dodi will call Riverside Disposal about this.
7. Penny Morrell came by to introduce herself as the Republican candidate for the State Representative seat which was held by the late Abby Holman. Deane Jones is the Democrat candidate.
8. Reviewed and signed Warrant #10.
9. Chris and Dodi pulled the property cards for the 2007 changes.

**Selectmen's Meeting - May 22, 2007 – Meeting Cancelled**

**Selectmen's Meeting - May 29, 2007**

At the meeting: Dodi Thompson, Chris Smith, Brian Church, Linwood Meader.

1. Linwood reports that he is still waiting for FEMA to contact him to go over the road damage from the "Patriot's Day Storm".
2. We need to order a new sign for Trask Road. The town seems to have an ongoing problem with road sign theft.
3. Linwood will be clearing and chipping brush along the sides of the roads.
4. Dodi reported that Riverside Disposals did not pick up two snowmobiles put out for Bulky Pick-up because the gas tanks were intact and had gas in them. They will not pick up demolition debris either. Someone had put out some torn out cabinets, but they were picked up by another resident who wanted to use them.
5. Selectmen reviewed a letter and documents received from Attorney Langsdorf pertaining to the Hall vs. Town of Vienna lawsuit.



# Your Personal Gym

By Betsy Bransky

**E**rin Gray from Move More at MaineGeneral sent out this great article about Gardening and Exercise. I thought I would pass it along to all of you gardeners in Vienna. Enjoy!

Now that spring is on it's way, our thoughts are turning to gardening. Gardening opens up the gym right outside your back door. Raking is like using a rowing machine. Pushing the mower is similar to walking on a treadmill. Our exercise machines are post-hole diggers, shovels, rakes, push mowers, and wheelbarrows. Gardening uses all the major muscle groups. Your legs, buttocks, shoulders, stomach, arms, neck, and back all get a workout. Gardening also increases flexibility and strengthens joints. Turn garden work into garden exercise by exaggerating movements to achieve maximum range of motion and changing gardening stances in order to use different muscles. For example, when raking put your left foot forward, and use your left hand on the lower handle. Then switch the right foot forward, and switch your hand positions as well.



The following chart gives the calories burned during 30 minutes of the activity for a 180-pound person. Generally, a person who weighs more will burn more calories than the amount shown here.



Likewise, a person weighing less burns fewer calories.

Typical calories burned in 30 minutes of:

Sleeping	36
Sitting quietly	40
Watering lawn or garden	61
Mowing lawn (riding)	101
Trimming shrubs (power)	142
Raking	162
Bagging leaves	162
Planting seedlings	162
Mowing (push with motor)	182
Planting trees	182
Snow thrower (walking)	182
Trimming shrubs (manual)	182
Weeding	182
Clearing land	202
Digging, spading, tilling	202
Laying sod	202
General gardening	202
Chopping wood	243
Gardening with heavy powertools	243
Mowing lawn (push mower)	243
Shoveling snow	243
Double digging	344
Shoveling heavy snow	364

## Gardening

S	K	E	C	Z	T	S	H	W	G	CHOP
U	B	H	K	N	T	E	R	A	R	GARDENER
V	O	U	A	A	N	E	R	T	E	LAWN
P	C	L	R	L	R	D	L	E	W	MOWER
F	P	T	L	H	E	L	E	R	O	PLANT
D	Q	Z	O	N	S	I	L	D	M	RAKE
O	Q	J	E	O	U	N	W	A	L	SEEDLINGS
N	D	R	C	N	L	G	V	V	H	SHOVEL
L	E	V	O	H	S	S	D	S	M	SHRUBS
Z	H	R	O	T	S	P	A	D	E	SPADE
										TOOLS
										WATER



## What Does 'Carbon Neutral' Mean?

Submitted by Hillary Hutton

**B**ecoming 'carbon neutral' means that you have neutralized the effect of your personal greenhouse gas emissions, so that your personal and household activities no longer contribute to the dangers of global warming.

On average, 25% of emissions come from our personal activities. The rest comes from industry, commerce, agriculture, and so on. In striving to reduce your personal emissions, becoming carbon neutral at the household level is one way to exercise this responsibility.

So, what can an individual household do to cut their emissions?

Free ways to save energy:

- Only use the heat and light appliances you really need - don't leave TVs or videos on standby.
- Also switch off your computer screen when it's not being used! and don't forget the peripherals! your printer uses a lot of electricity if left on when you are not using it.

Transformers draw electricity even when the appliance they power is not being used. So plug transformers into a power strip and turn the strip off between uses.

- Try turning your heating thermostat down by 1°. You will probably hardly notice the difference and it will save dollars. Keep furniture away from radiators, the foam in an upholstered chair is a very effective heat insulator!
- When cooking choose the right pan size for the food, cut food into smaller pieces and put lids on pans the food will cook a lot faster. If you are defrosting food, or just warming things up, then microwave ovens are ideal as they use much less electricity than conventional ovens.
- Regularly defrost your freezer and try to keep it packed full to avoid wasting energy. Use plastic containers of ice to fill extra space in your freezer. This not only keeps your energy use low but should

the electricity go off it keeps your food from thawing.

You should also check the seals on your fridge/freezer to ensure no warm air is getting in - the seals should be tight enough to hold a piece of paper securely when closed.

When shopping buy foods that are local to save on the trucking. This is a great time of year to shop at your local farmer's market. Stock up your freezer while the produce is abundant and locally available.

When washing up use the dishwasher if you have one. Studies have shown that you will use less energy using a dishwasher than washing by hand.

- Try to have full loads when using the washing machine and use cold water. With today's detergents this temperature is more than adequate to clean clothes and will save you up to three quarters of the cost of the hot cycle. You don't need to have your water heated to a scalding temperature either, for most people setting the thermostat to 140°F is quite adequate.
- The sun is the most readily available source of heat there is - and the cheapest! Avoid using tumble driers to dry your clothes; on nice sunny days clothes can be dried outside.

Use energy saving light bulbs (CFLs) in areas where lights are left on for long periods of time. They use about a quarter of the electricity and last eight times longer.

If you have to replace an appliance look for the energy star rating. If you have been thinking about that new refrigerator...do it now and save some energy.

Try one of these calculators to see how your household emissions measure up.

Calculators:

<http://www.maine.greenpower.org/calculator>  
<http://www.carboncounter.org>

Find an Energy-Saving Light Bulb:

<http://www.environmentaldefense.org/page.cfm?tagID=632&campaign=mts>



## What's Happening in the Vienna Area

### Ongoing

La Grange Cafe every Saturday from 9:00 to 11:30 am at the Mill Stream Grange. Share a coffee and pastry with your friends and neighbors. Run with volunteers and donations. All proceeds go to the Union Hall Association. Casual + Friendly + Welcoming

### June 2007

Friday, June 22nd, Saturday, June 23rd & Sunday, June 24th, **Misty Mountain Mud Run** on the Tower Road. Gates open at 12:00 noon on Friday. There will be 20 live bands. Children under 12 are FREE, Adults \$20 a day or \$40 for the weekend. No alcohol, glass, weapons, ATV's or dogs.

### July 2007

Saturday, July 7th, **Summer Art & Craft Fair Bake Sale** from 9:00 am - 2:00 pm at the Mount Vernon Town Beach/Community Center - Rain or shine

Saturday, July 14th, **Dance Performance Adriana Leon and Alexandro Vera of Mexico** (*from Camp Bearnstow*) at 8:00 pm at the Mount Vernon Community Center. For reservations call 293-2280, \$5 per person

Tuesday, July 17th, **Music on Minnehonk** featuring the Fiddleheadz and Friends at the Mount Vernon Town Beach (*next to Mount Vernon Community Center*). Bring blankets or chairs and a picnic supper to enjoy while listening to the music. In case of rain it will be inside the Mount Vernon Community Center

Saturday, July 21st, **Dr. Shaw Memorial Library Book Sale** from 9:00 am - 2:00 pm at the Mount Vernon Community Center

Thursday, July 26th, Friday, 27th & Saturday, 28th at 7:00 pm each night, with a 2:00 pm matinee on Saturday, **Vienna Historical Society Presents** "Win Some, Lose Some and Then Some," written by Cheryl Herr-Rains and "Back From Readfield Fair" and "Suitable Wives," written by Beverly Wight Smith

Friday, July 27th, **Roving Antiques Appraiser** from Thomaston Place Auction Galleries, Thomaston, ME from 11:00 am - 4:00 pm. at the Mount Vernon Town Beach/Mount Vernon Community Center. Bring your treasures or curiosities to be appraised: \$5 per item or \$20 for 5 items. To benefit Mount Vernon Community Center - Rain or shine

Sunday, July 29th, the **Firefighter's Chicken Barbecue** from 11:30 am to 2:00 pm at the Vienna Community Center and Fire Department, \$8 adult, \$5 under 12. Price may change with market value

### Other Area Activities

The Arts Institute of Maine	<a href="http://artsinstitute.org/">http://artsinstitute.org/</a>
University of Maine Farmington	<a href="http://www.umf.maine.edu/news/">http://www.umf.maine.edu/news/</a>
Narrow Gauge Cinema	<a href="http://www.maine cinemas.com/n_schedule.htm">http://www.maine cinemas.com/n_schedule.htm</a>
Railroad Square Cinema	<a href="http://www.mylocaldiscovery.com/movies/theater/details/25">http://www.mylocaldiscovery.com/movies/theater/details/25</a>
Chamber of Commerce	<a href="http://www.farmingtonchamber.org/html/events.php">http://www.farmingtonchamber.org/html/events.php</a>

### August 2007

SAVE THE DATE!! Saturday, August 11, 2007 for another **Olde Tyme Fair** at the Grange games, contests, hay rides, food followed by that evening, a **Contra Dance** in the Post Office Parking Lot with Fiddleheadz Band



COME JOIN US!

## Vienna Planning Board MEETINGS

The Vienna Planning Board meets on the 4th Wednesday of each month at 7:00 pm at the Vienna Town House Route 41, Vienna, Maine

For more information, call Waine Whittier, Chair at 293-2072 or Creston Gaither, Secretary at 293-2909

[www.viennamaine.org](http://www.viennamaine.org)



Dodi Thompson  
Chris Smith  
Brian Church

TOWN OF VIENNA, ME  
PO Box 38  
VIENNA, ME 04360  
☎ 207 293-3087  
[www.viennamaine.org](http://www.viennamaine.org)

## SELECTMEN MEETINGS

1st & 3rd Tuesdays of every month 6:00 p.m.  
at the Town House



Vienna Town House - Rte. 41, Vienna, ME

### WORK SESSIONS:

2nd Tuesday at 6:00 pm  
4th Tuesday at 6:00 pm  
5th Tuesday at 6:00 pm (as needed)

## Q. What is Community Visioning?

A. The purpose of community visioning is to describe through words and maps what people want their community to look and feel like in the next ten to twenty years. A community vision should be positive and forward thinking.

Community visioning requires broad public participation and this is where YOUR INPUT is needed! Please attend the upcoming Visioning Forum (June 18th) to help us develop a Vision for Vienna. This Vision will be the driving force behind the Comprehensive Plan recommendations. The vision describes what people want, the comprehensive plan suggests how to get there. Come help us be "visionary"!

"ALSO, as a REWARD for attending the Visioning Forum, you will be one of the first to get your very own hard copy of the Vienna Public Opinion Survey Results!!! Come find out what the people of Vienna told us!!

This will also be available on the town's WEB page..."

## COMPREHENSIVE PLAN COMMITTEE *Planning for our future...*



# VIENNA

Join us at the  
1st **VIENNA VISIONING**  
on **JUNE 18TH** at **6:45 PM**  
at the **New MEETING ROOM** behind the  
**NORTH VIENNA METHODIST CHURCH**

*We do it for our families; Vienna does it for our residents*



COME JOIN US!

# MILL STREAM GRANGE NO. 574



PATRONS OF HUSBANDRY

*1st & 3rd Friday of every month*

6:30 POT LUCK SUPPER

*(VISITORS WELCOME!)*

7:30 PM BUSINESS MEETING

& PROGRAM

## Health Advocate for Vienna

Thanks to Healthy Futures, Vienna has a Health Advocate, Karin Kroot, RN. Upon request, Karin can provide a baseline health assessment and then provide follow up visits to support participant's in meeting their health goals. She can also serve as an advocate for participants with their primary care providers, help with medication schedules, smoking cessation, weight management, and more. If you need assistance or know of someone who does, contact Karin at 207-377-5377. Her services are FREE.

Healthy Futures is a non-profit organization based in Winthrop that provides services through Health Advocates to seven towns in central Maine - Winthrop, Wayne, Readfield, Manchester, Monmouth, Mt. Vernon, Fayette, and VIENNA.



*La Grange Cafe*

Share a Coffee & Pastry with  
your Friends & Neighbors

Saturdays  
9:00 - 11:30 am

**La Grange Cafe**

Mill Stream Grange, Vienna, ME

*Run with volunteers & donations*

Casual - Friendly - Welcoming



## Vienna Union Hall Association

Meets on the  
1st Monday  
of every month

For more information, call  
Marti Gross  
293-2552

The Vienna Record  
prints  
Free Notices  
for  
Local Civic Groups

**Norma Wing**

293-3725

normawing@prexar.com

*“Too old to plant trees for my own gratification, I shall do it for my posterity.”*

*- Thomas Jefferson*



Placing an ad in the Vienna Record will help support your community newsletter and promote your business. For more information, call Norma Wing at 293-3725 or email [normawing@fairpoint.net](mailto:normawing@fairpoint.net).

Health Related Issues, Personal & Entrepreneurial Coaching

**Betsy Bransky, BS, CHES**

**Wellness Coach**

Certified Health Education Specialist

Certified Teacher of the Enneagram

Call 207 293-2316 or E-mail [bransky@maine.edu](mailto:bransky@maine.edu)

Mick Bransky, MA, Ed.D.  
Counselor, Coach & Consultant

PO Box 95  
Vienna, ME 04360

Phone: 207-293-2316  
Email: [bransky@maine.edu](mailto:bransky@maine.edu)

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### KIMBALL POND BOAT BARN

"WOODEN BOATS KEPT AFLOAT"



#### WOOD-CANVAS CANOE RESTORATION

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21 DAY ROAD VIENNA, MAINE  
[kpboatbarn@yahoo.com](mailto:kpboatbarn@yahoo.com) 207-249-2814



### SUMMER HOURS

**Monday thru Friday**

7 am - 2 pm

**Saturday & Sunday**

8 am - 2 pm

### MONTHLY DINNER & Music Nights

**Saturdays**

5:30 pm - 9:00 pm

**June 2** - High Ball Jazz Trio

**June 16** - singer/song writer  
Tom Giordano

**July 7** - singer Scott King &  
guitarist Dale Perkins

**July 21** - Les Doidts Rigolantes  
Fiddlers

**Call to Order**

Baked Goods  
Quiches  
Soups  
Salads  
Party Platters

**293-4978**

“One generation plants the trees; another gets the shade.”

- Chinese proverb

### BARB'S HANDPAINTED SLATES, SAWS & COLLECTIBLES



51 TOWN HOUSE RD.  
RT. 41 VIENNA, ME  
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[www.barbshandpainted.craftah.com](http://www.barbshandpainted.craftah.com)

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Beginning **May 25th** Open every Fri & Sat: 10:00 a.m. - 4:00 p.m.

**July & August** Open Thurs, Fri & Sat: 10:00 a.m. - 4:00 p.m.

# TOWN OF VIENNA, ME

## Selectmen, Assessers and Overseer of the Poor

Dodi Thompson      Chris Smith      Brian Church

**Treasurer**      Marti Gross

**Town Clerk**      Connie Smith

**Tax Collector**      Connie Smith

**Road Commissioner**      Linwood Meader, Jr.

**Fire Chief & Warden**      Steve Lilley

**Health Officer**      Betsy Bransky

**Animal Control Officer**      Donald Tibbetts

**Plumbing Inspector & Code Enforcement Officer**      John Archard

**Addressing Officer & Town Report Editor**      Laura Reville

**SAD #9 Representative**      Kevin Umlauf

**Cemetery Sexton**      Ernestine Emery

**Board of Assessment Review**      Marti Gross, Chair



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We Recycle

Postal Patron  
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P.O. Box or RR  
Vienna, ME 04360

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- 5 Merry Dumpsters
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- 9 Community Support

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# THE VIENNA RECORD



Vienna Town House  
P.O. Box 38  
212 Town House Road  
Vienna, ME 04360

## Office of the Selectmen

PRSRT STD  
U.S. POSTAGE  
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VIENNA, ME  
04360