



Do you —

- require 10 hours of sleep a night?*
- need to be alone when you go to the bathroom?*
- throw up at the sight of vomit?*
- like to see your mail first?*

Are you —

- thinking of having children?*

If so, you might want to read a hilarious new book by Vienna author Jane Naliboff: *Kids Will Be Kids: Excellent Tried and True Reasons for Thinking Twice About Having Children (Or Why You Might Want to Rent Them Out on Weekends)*. The book includes a tongue-in-cheek Parental Aptitude Test that will unquestionably determine if you are parent material. Naliboff recently appeared at Devaney, Doak & Garrett Booksellers in Farmington to sign her new book and answer questions on everything from parenting to publishing.

The author relied on her 15 years of parenting experience in raising three daughters to put together a humorous book that really hits home. She reveals the truth to parents-to-be, that those cuddly, cute and adorable babies will turn into blemish-speckled teen-agers who tie up your phone lines at all hours of the day.

This is Naliboff's first published book, although her articles, short stories and children's books have appeared in literary journals, *Cricket* magazine and the *Central Maine Morning Sentinel*.

She said the idea of putting parenting "tips" together into a book evolved when she started mentally running down some of the fine points of parenting that she's learned over the years, that perspective moms and dads may not have considered.

And if there's one parenting skill Naliboff highly values, it is humor. "There's always laughter at our house. As a parent, you need to keep a sense of humor," she said.

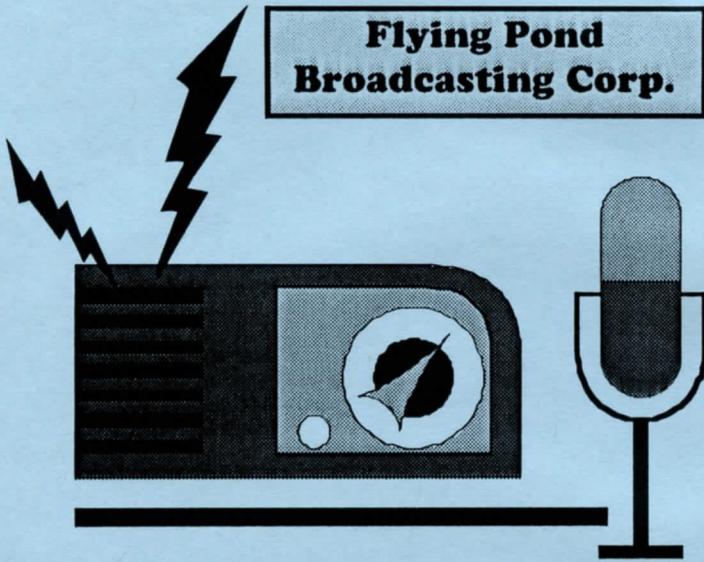
The book was released May 1st and is being distributed nationally. It was published by Cumberland House in Nashville, Tenn., and is available in soft-cover for \$8.95.

(From an article by Betty Jespersen, Central Maine Newspapers, Waterville, ME, 5/16/97)

Community Health Screening

*Vienna Post Office
9:00 — 11:00 a.m.
October 7th*

*December 2nd
Blood Pressure,
Cholesterol, and more!*



**Flying Pond
Broadcasting Corp.**

The Flying Pond Broadcasting Corporation has been meeting regularly this summer and fall, usually at the Mt. Vernon Baptist Church on alternate Tuesday nights. FPBC is making great strides in bringing a non-commercial, community radio station to this area.

Studio equipment has been purchased and a broadcast site will be selected in the near future. Volunteers in all aspects of radio broadcasting are needed to work at the station. We will be serving homes within a 20 mile radius of Mt. Vernon. No experience is necessary and all age groups are welcome.

Anyone interested in helping - and learning the radio broadcasting business from the ground up — is urged to contact Mark Gilbert at 293-2749 or Ron Lockwood at 293-3150.

(From the *Mt. Vernon Newsletter*, September 1997)

Vienna Historical Society

by Polly Hughes

The Vienna Historical Society displayed in a larger, new booth at this year's Farmington Fair. Under the direction of Judy and Val Dunn, the new area was cleaned and freshly painted; shelves were added for display space and Judy used fabric to brighten up the display.



Old maps, pictures, historical books and articles relating to Vienna and the surrounding area provided information to anyone interested; chances on the Grange quilt (which was displayed) were sold, as were the 1998 Vienna Historical Society calendars. Calendars may also be purchased at "The Dam Shop" in Vienna and "The Corner" shop in Mt. Vernon.

The Historical Society has learned there is grant money available to non-profit organizations for the initiation of various preservation-related projects. Eligible activities include preservation education programs, workshops, and the hiring of consultants in such areas as architecture, planning, engineering and fund-raising.

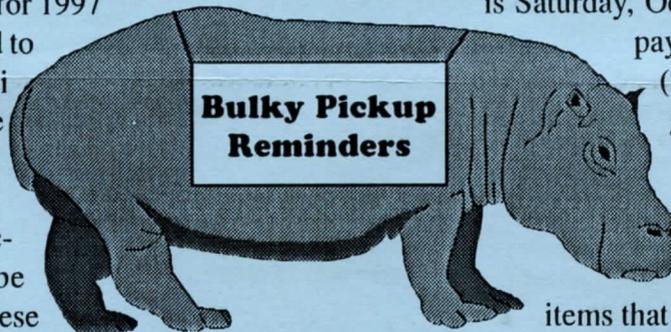
If anyone has any suggestions for the application of such a grant, please contact Jim Gajarski for more information.

The Vienna Historical Society welcomes new members. Meetings are held on the first Sunday of each month, at the Vienna Grange Hall, beginning at 2:00 p.m.

The second bulky pick-up day for 1997 item for which you are required to

Fees can be paid to Jim Gajarski make an appointment before fee. Jim will give a list of pre-those items not on the "paid list"

Demolition or construction debris will **NOT** be picked up. (Compost your leaves!) If you have some of these you can take them to the Jay Transfer Station yourself. You will need a sticker, which you can get from Jo-Ann Pillsbury (293-2334) and you will be responsible for paying the disposal fee at Jay. Jay can now recycle shingles, although you still have to pay a fee, so please keep these separate.



is Saturday, October 4. Tires are the only pay a fee prior to the pick-up. (293-2910) — please call to going to his house to pay the paid items to our hauler; will NOT be picked up.

Construction debris, wood waste or picked up. (Compost your items that you would like to get rid of,

Other Words of Advice

Trash should be put in barrels (the town provides each household with a barrel) rather than simply putting out plastic bags. All kinds of animals — dogs, racoons, mice, crows, hippopotamuses, etc. — can tear a plastic bag open and spread the trash. It is also helpful to have a cover that will stay in place on the barrel - rope or bungee cords can help keep it on.

(From Muffy & Jim Floyd, with one editorial addition)

Selectmen's NOTES

- The Board of Selectmen agreed that the Town will extend its maintenance of the Anderson Road to include the section from the ledges to the Hedden place.
- \$150,000 of the Tax Anticipation Note was invested in short-term insured Certificates of Deposit at People's Heritage Bank.
- The 1997 County Tax is \$30,932.40. The 1997-1998 School Administrative District # 9 Tax is \$303,272 (\$25,272.67 per month).
- The Town received from the State, at no cost, six marking buoys that were placed in Flying Pond. The State also placed a bulletin board at the swimming/boat landing area.
- There were several meetings to discuss the "Freedom Fest" and its possible effect on the community. The meetings were loud, emotionally charged and seemed "out of control" at times, but we felt it was important that everyone be heard. However, there is a new resolve by the Selectmen that future meetings will be conducted differently. Inappropriate behavior will not be allowed.

Respectfully submitted by Dodi Thompson, Selectman

UNION HALL UP-DATE

by Dodi Thompson

The Union Hall has been quiet since the Historical Society plays in July; however, interior work will be ongoing. We have new windows which have been delivered, but not installed as yet.

There are also plans to renovate the outhouse; it needs structural as well as "cosmetic" work. Even though it is an outhouse, we've always had fun with our yearly "decorating" of the interior. That's why it was so disheartening to find that it had once again been "trashed" in early summer. It was apparently used as a party house; several beer bottles were left behind. After the renovation we will be able to lock it, as well as the Hall.

We still feel strongly about improving and maintaining the Union Hall for community use. We appreciate all the support we do get from the Townspeople and others.

Our second newsletter will be out soon, with minutes from our meetings and other information. Here are some highlights of the last three months.

- Donald Tibbets, Animal Control Officer, has taken the rabies preventive shot series.
- Maine Municipal Association offers major medical and dental insurance to town officials. Two Selectmen have opted to sign up for the dental plan; premiums are paid by the individual; there is no charge to the Town.

TO YOUR HEALTH

by Diane Black, Health Officer

Well, summer's over — a few trees are already turned and it's time to start thinking about preparing for winter. Colds and flu run rampant. What can you do?

First, check with your doctor about updating flu shots and pneumonia vaccines. If you have heart or breathing problems, this is especially important.

Second, stock up on disposable handkerchiefs (Kleenex, etc.). Use each once and then throw it away.

Third, wash your hands thoroughly and often. Handwashing is one of the most effective means of preventing infection and reinfection.

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I am pleased to announce that Ryan Cook will be working at Lockwood Automotive through a Co-op Program with Maranacook Community School. Ryan is an eager worker who is anxious to learn all phases of auto repair and small business operation.

As always, Lockwood Automotive will stress 100% customer satisfaction!

PERHAPS YOU KNEW "SOMEONE ELSE"



We were saddened to learn this week of the death of one of our most valuable members. Someone Else.

Someone's passing created a vacancy that will be difficult to fill. Else has been with us for many years and for every one of those years Someone did far more than a normal person's share of work. Whenever leadership was mentioned, this wonderful person was looked to for inspiration as well as results. "Someone Else can work with that group." Whenever there was a job to do or a meeting to attend, one name was on everyone's list — "Let Someone Else do it."

It was common knowledge that Someone Else would make up the difference. Someone Else was a wonderful person, sometimes appearing superhuman; but a person can only do so much. Were the truth known, everybody expected too much of Someone Else. Now Else is gone. We wonder what we're going to do. Someone Else left a wonderful example to follow, but who is going to follow. Who is going to do all the things that Someone Else did?

So if you have a chance to participate in a group, join a committee or lend a hand, remember — we can't depend on Someone Else any more.

(From the Maine Association of Retirees *UPDATE*, Summer 1997)



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