

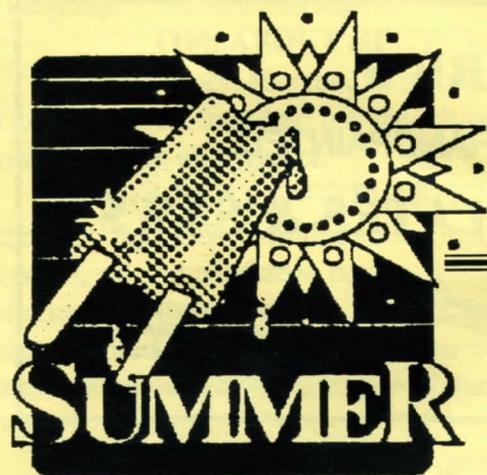
# Vienna Voices

June 1993

Volume 2.

Summer Issue

Number 2.



## *Y'all come.....to the Mill Stream Grange Minstrel Show!*

by Libby Harville

On August 20, Jeanette Daly is putting on her third minstrel show at the Mill Stream Grange, on Route 41 in Vienna. Her first two shows were real blockbusters and there is no doubt that this one will follow in the same tradition.

Mill Stream will have an "open meeting" that night, meaning that any one interested is invited. The pot luck supper will begin at 6:30 p.m., followed by the Minstrel Show and meeting, beginning at 7:30.

The Mill Stream Grange is one of the more active Granges in the state and has been fortunate to attract many new people to our group in the past several years. Meetings are kept short and light; the food is always home-cooked (and excellent), there is a program of general interest or amusement, and everyone has a great time.

Our regular meetings are on the 1st and 3rd Fridays of each month. Whether you are local, seasonal or transplanted, come see what we're about on August 20th and have a good laugh with us.

## Recycling News

by Diane Friese

At the April 27th meeting of the recycling committee, it was decided to call the members "The Merry Dumpsters."

Future reports, announcements and activities of the group will be identified with this name. Watch for it!

The following schedule has been approved by the Selectpersons:

**Saturday, July 10th**

**Bulky Pick-up Day #1**

**Saturday, July 17th**

**Composting and Recycling**

**talks and demonstrations - Town House**

**Saturday, October 23rd**

**Bulky Pick-up Day # 2**

The Merry Dumpsters will be sending residents a calendar listing trash/recyclable days, an up-dated chart of what can presently be recycled and how items should be prepared, and more information about the July 17th composting/recycling event at the Town House.

The goal for the next 8 months is to increase Vienna's recycling from 11% to 25% of all solid waste. Since both trash and recyclables are measured by weight, our major focus will be to increase composting. **REMEMBER**—recyclables cost you 1/3 what trash waste costs for disposal.

Free dump stickers for all residents of Vienna, for the Jay Recycling/Transfer Station, are available from Jo-ann Pillsbury, Town Clerk. This sticker authorizes you to take a truck or car load of trash, construction debris, etc. directly to the Jay Station. You will be responsible for any fees charged for your load.

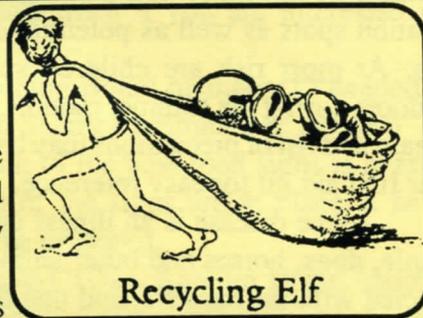
### **BULKY PICK-UPS**

The bulky pick-up days in July and October will be conducted similarly to last year. There will be a regular trash or recyclable day on Wednesday of the same week as each bulky pick-up. Jay is closing its landfill, so Vienna will be charged by weight for all items from the

bulky pick-up that aren't recyclable. This is in contrast to last year, when much of the pick-up was land-filled free of charge. Residents will be asked to pay disposal costs for the following items **by direct payment to Jimmy Greenough on the pick-up day**, as follows:

Refrigerators - \$10.00; White goods (stoves, dryers, etc. - \$5.00; Brown goods (TVs, VCRs) - \$5.00 Car tires - \$2.00 Truck tires - \$5.00.

(Continued on Page 3)



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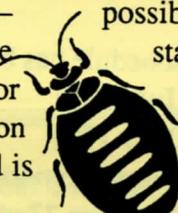
# FACTS ABOUT LYME DISEASE

by Diane Vandal, Health Officer

What is the possibility of contracting Lyme disease in our area? Probably fairly slim. But with summer upon us, we should be aware of high risk areas at favorite vacation spots as well as potential exposure in our own area. At most risk are children spending lots of time outdoors during the summer months. A description of the disease and list of precautions may be helpful. Tuck this in your first aid kit for easy reference.

Lyme disease is an illness caused by a corkscrew-shaped bacterium called a "spirochete," transmitted to people, dogs, horses and other animals by deer tick bites. It is important to remember that not all deer ticks are infected with the bacteria, and that there are many different kinds of ticks. An adult dog tick, for example, is not thought to transmit the disease. If not treated, Lyme disease may lead to arthritis, neurological and cardiac problems, and—in the case of pregnant women—possible birth defects.

The tick goes through three stages of growth—larva, nymph and adult. At the second stage, in June and July, the highest risk for infection occurs. During the larval stage the tick is no bigger than a pinpoint and is rarely detected on the skin. The nymph tick is about 1/8" long and fairly visible. Once the tick has bitten its victim and is engorged with blood, it becomes about 3/8" long and very visible!



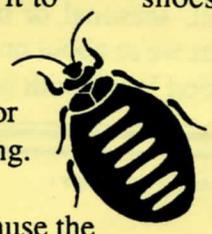
Prompt removal of the tick will decrease the transmission of the infection. Studies show that the tick does not transmit the spirochete for 24 hours after attachment, which allows time for detection and proper removal.

With fine tweezers, grasp the tick as close as possible to the skin and pull gently but firmly until the tick lets go. Do not handle the tick with bare hands and do not squeeze it. Do not scorch the tick with a match or cigarette, for this may cause infected body fluids from the tick to be expelled into the skin. Save the tick in a small vial of rubbing alcohol and bring the vial to your physician's office or emergency room for laboratory analysis.

The first symptoms of an infection by the spirochete are usually a widening rash that may occur a few days or several weeks after exposure. The rash may precede or accompany flu-like symptoms, such as fever, headache, chills, nausea or muscular aches and pains. If Lyme disease is suspected, call your doctor immediately. Prompt treatment with antibiotics is imperative to prevent complications. Be aware that not everyone who is affected develops a rash, and many do not remember being bitten by a tick.

The following precautions should be taken when walking in the woods, brush or tall grass where ticks may be found:

- Tuck your pant legs into your socks and your shirt into your pants. Deer ticks attach to clothing and then climb upwards.
- Use an insect repellent containing DEET, according to label directions. Apply it to shoes, sox and pant legs. Avoid applying it to skin, especially with children.
- To protect pets, consult your veterinary about dusts or sprays.
- Inspect yourself, your clothing, your children, your companion and your pets for ticks after walking in the woods, brush or tall grass. Ticks often attach to folds or the body or clothing. If possible, shower and wash clothes immediately upon returning home.

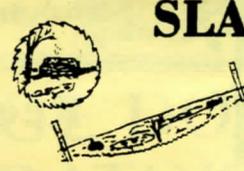


Though only a few cases of Lyme disease have been reported in Maine, the ticks that cause the disease are common in York and Cumberland Counties and are advancing northward. The highest incidence of Lyme disease is found in New York state and southern New England.

Have a happy—and safe—summer!

(Information obtained from a pamphlet prepared by the Maine Lyme Disease Project, Maine Medical Research Department, March 1993)

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(Recycling....Continued from Page 1)

## TIPS ABOUT RECYCLING

• All clean and flattened cans (aluminum, tin, etc.) can be placed together for recycling. Jay bales and markets them all together.

• ONLY HEAVY # 2 PLASTIC can be recycled through Jay. This includes milk jugs, large detergent bottles, oil and antifreeze bottles. There is presently no market for other # 2 plastic, such as margarine tubs, so these should be included with other trash. What to do about plastic will be discussed in a future issue of *Vienna Voices*.

If you have any questions or problems with recycling, call a member of the Merry Dumpsters—Diane Friese, Ann Gibbs, Virginia Rogers or Steve Richardson.

**See you on July 17th at the Town House!**

## TOWN BUSINESS NOTES

by Debbie Byrnes

The Selectmen are in the process of assessing for the 1993 tax year. They hope to have the bulk of the project completed by the end of June.

The follow Committee positions are **open**. Please contact any of the Selectmen if you are interested in either committee.

Alternate Planning Board members (2 needed)

Town Official Salary Committee (2 needed)

The installation of the new road signs is nearly completed. When all of the signs are in place, a new Town road map will be prepared.

The long-awaited Town Bulletin Board should be in place at the Town House soon, if not already by the time you read this. Notification of Town activities and meetings may be placed on the board.

Planned projects for the improvement of the Town House include the repair and painting of the front shutters, replacement of the broken sign in front of the building and the painting of the window sills and ramp railings.

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## PUBLIC HEALTH REPORT

by Diane Vandal, R.N.

On May 4th, I was sworn in as your new Public Health Officer for a three-year term. I have been a registered nurse for 12 years and am presently working for a Home Health agency. The purpose of the position of Public Health officer is to promote a healthy environment in our community; the responsibilities are as varied or as limited as the community's needs warrant.

I would anticipate people calling me with any concerns they may have, after which I would follow up with the concerned parties, the state Bureau of

Health and any legal authorities that might be needed. All activities would be conducted with the involvement of the Selectmen.

The two most important health concerns for our area are the prevention of rabies and of Lyme disease. Jo-ann Pillsbury arranged a very successful rabies vaccination clinic in April, and I will be involved with another one next year. An informative article on Lyme disease may be found elsewhere in this issue of *Vienna Voices*.

Other public health concerns might involve abandoned or unsafe buildings, improper disposal of waste or garbage, the presence of radon gas or other contaminants in homes, and the protection of water supplies and ponds from polluting substances.

If contagious or infectious diseases, or animal- or insect-borne disease, are not being properly treated or reported, I could assist as needed. If there are concerns about inadequate housing or shelter, or people whose health might be affected by their need for public assistance, I can investigate these also, and make appropriate recommendations.

Citizen's groups (including children) might be interested in educational programs about any health-related topics—please let me know your interests so that these could be arranged.



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## Report on the Mill Pond and the Mill Pond Dam

by Frank Fiore

### The Dam

First, here's a recap of the situation regarding the Mill Pond Dam. Last July the Mill Pond Dam lost its ability to impound water as a result of the erosion of the clay bank on the upstream side of the Dam coupled with damage to the concrete face of the Dam. In all likelihood this was the result of years of damage from winter ice and heavy spring flows.

Although the basic structure of the Dam was determined to be sound by the inspector from the Federal Emergency Management Agency, its ability to impound water was gone.

After a lot of worrying and wondering about the water levels, we threw about 40 sandbags into the four by six foot hole, as had been suggested by Kennebec County SCS Engineer Mitch Michaud. We put the planks back into the Dam and hoped for the best. Fortunately, the temporary fix appears to have survived the winter.

Last fall the Federal Emergency Management Agency (FEMA) and the Maine Emergency Management Agency (MEMA) awarded Vienna \$15,246 for the repair of the Dam. The Vienna Historical Society pledged \$5,000. The FEMA/MEMA money is available for use for 18 months after the October 1992 date of the award notification. If we can justify the need, FEMA and MEMA will extend the grant period for using the funds.

This Spring, the Town submitted an application for an additional \$15,000 of FEMA Hazard Mitigation Program funding to use for the repair of the Dam. If granted, we would be required to raise a \$15,000 non-federal matching contribution from the Town. (Part of this

contribution could be in the form of volunteer labor, known in bureaucratese as "in-kind services.") The resulting budget would permit a comprehensive repair involving excavating all the way to bedrock and pouring a new concrete face and cap on the Dam. As *Vienna Voices* "went to press," we were informed that this supplemental grant request has been turned down, due to there not being any immediate, critical hazard present.

Therefore, our budget for the repair presently totals \$20,246, unless we raise more. This amount should be sufficient to do the simpler of the two versions of the Dam repair project which were presented to the Selectmen last fall by Rick Peacock, Civil Engineer with the Russell Company of Belgrade.

The folks at the DEP Land Bureau tell me that we won't be allowed to actually start the repair work until September at the earliest, to assure the low flow conditions. They also tell me that there is sufficient time for them to process the permit application provided it gets submitted soon. What? That hasn't been done already, you ask? I'm embarrassed to admit that the application has turned out to be quite an effort that I am still working on.

I expect that we can put the project out to bid in August and have the job completed by October, provided we can get a good amount of participation in the project by interested local volunteers. That will be crucial since I will be away from July 1 to August 16. If not, repair of the Dam becomes a 1994 project. We'll toss in a few more sandbags and hope for the best.

### The Mill Pond Dredging Project

Excavation of the silt from the Mill Pond is a more problematic undertaking. I see no way that the project can proceed this year, although next year is not completely out of the question. The DEP Land Bureau regards the Mill Pond as a wetland formed by the dam-

ming of a stream. The Land Bureau staff has promised me that they will take a hard look at the need for the project and its potential for harming Flying Pond. We will be required by the Department to take into account the potential impact on the existing wildlife and vegetation in and around the Pond.

The Mill Pond excavation project, if not conducted very carefully, poses the risk of unleashing an unacceptable amount of silt downstream to Flying Pond. On the other hand, the Mill Pond is already passing too much silt downstream, due to the loss of its ability to trap sediments. Even if the excavation project never happens, there's already enough silt and sediment being carried into it with every heavy rainstorm to pass straight through to Flying Pond.

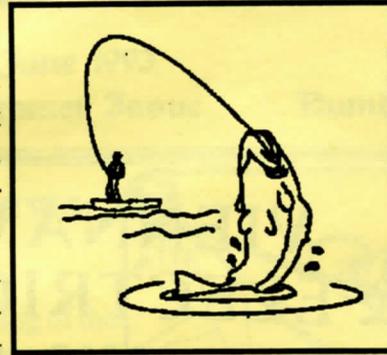


So basically, we have to greatly reduce the upstream erosion and excavate the Pond as well. Most of the upstream erosion appears to be coming from roads, both Town roads and private roads, along with driveways and yarding areas.

I've spoken with Roy Bouchard at the DEP Water Bureau. He suggests that we pursue a federal Clean Water Act Section 604(b) Small Watershed planning grant to get assistance in identifying and figuring out how best to limit the erosion washing into the Mill Pond from its watershed. Through this program we could get a small grant plus the services of an engineer familiar with erosion control techniques to develop the watershed erosion control plan during 1994.

The plan would become the basis for an application for federal funds to actually install the erosion controls, things like sedimentation basins, larger culverts, slope breaks, stone rip-rap walls, grassed waterways etc. Un-

less such measures are taken, there's not much point in dredging the Mill Pond, as it will just fill in again like it has over the years. I've informed agencies that the permits project or might finish in it will more cooperative are at process of developing a watershed erosion control plan. So as you can see, there is a great deal of work to be done. It will take a committee of active local volunteers working year round to make it happen. I'll be posting a notice for a mid-June meeting to form such a committee and also to prepare for the Dam repairs. If you're interested, call me at 293-2677.



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**VIENNA VOICES** is a quarterly publication effort of Harville-and-Hinckley, supported entirely by subscriptions, advertisements and an all-volunteer staff.



Now in its second year of publication, this community enterprise is normally before Town Meeting (as soon as the candidates for town office are known); at the beginning of the summer; in the fall (after the beginning of school) and around the time of the Christmas holidays.

Articles, letters, comments, criticisms, stories, historical information, announcements and advertisements are always welcome. If you are a subscriber and know of a resident or non-resident friend who would enjoy a subscription, why not give them a gift subscription. \$2.50 will entitle anyone to the next four issues. Advertising rates may be found on the back cover.

The mysterious painted pony last spotted next to the Vienna Grange Hall in February is our unofficial mascot.

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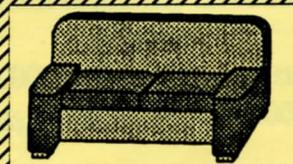
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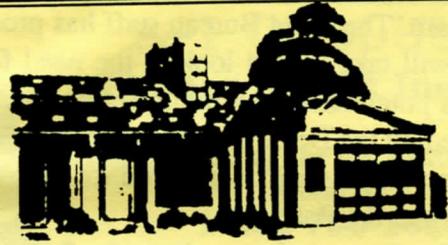
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