



Spring Recycling Tips from Diane

Submitted by Diane Friese

One of the most prevalent items being discarded in landfills across the world, including in Maine, are plastic bags. Although I have been bringing cloth bags to use at the grocery store for over 25 years, I still seem to collect some plastic bags when I buy something for instance at the pharmacy, Mardens or a bookstore. Plastic bags can be returned for recycling at many grocery stores and are being made into clothing such as polartek or being made into recycled plastic bags. In addition to recycling, the following are suggestions for reusing the plastic bags that multiply in your household:

- Use them as trash bin liners instead of buying new liners
- Place them in the bottom of plant pots and hanging baskets - they act as great drainage systems
- Children can use them for carrying exercise gear to school
- Scrunch them up to surround items when you're packaging as an alternative to bubble wrap
- Use them in your flower or vegetable garden to hold your weeds or trimmings before transfer to a compost pile
- Use them when packing for a holiday to keep dirty/wet clothes and shoes away from dry clothing
- Use them as 'doggy doo bags' when out walking your dog in towns/cities
- Re-use washed zip lock bags for sandwiches and snacks multiple times rather than using plastic wrap or a new bag each time
- Hang a small-sized plastic bag to use as a trash container in your car

chance to contribute to a sustainable loop and have them remade into more containers.

The first bulky pickup for 2008 will be on Monday May 12.

Human Footprint

I E S C D R Y M A L G F E S R
 J L H R H B Z H G N E G T E F
 M E C M E E M C I R S U S D G
 R C F S P P M G T S K O A I A
 S T S E C N A I L P P A W C O
 R R Z F B K L P C F C R P I B
 T O Q L C I L J S A O Q L T A
 W N L A Z A O S S W L O R S T
 F I P E S R S Y O W E S D E T
 U C R T S E H T O L C N H P E
 E S I K R M A G A Z I N E S R
 L C Y I N O I Y F F G O M H I
 I P T O T I M B V D T F V F E
 S W G T Y Y R G L A S S W N S
 U Z I V J F E D V U T L Q U A

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| APPLIANCES | FERTILIZERS | OIL |
| BATTERIES | FOOD | PACKAGING |
| CHEMICALS | FUEL | PESTICIDES |
| CLOTHES | GLASS | PLASTIC |
| DRINK | MAGAZINES | TIRES |
| ELECTRONICS | NEWSPAPERS | WASTE |

HOT TIP from Hilliary Hutton for all our stacks of plastic Stonyfield Yogurt Containers

By clicking on the website, www.terracycle.net/brigades, you can sign up for a free way to dispose of all your Stonyfield plastic containers and get paid to do so. I don't know about you, but these containers seem to procreate on my kitchen shelves. Here's your

